



**Rev. Mary Mitchell**

**Science of Mind® (SOM) Classes**

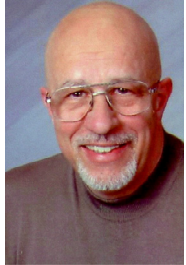
**Series 200 ~ Unit 206: What the Mystics Knew**

**Thursdays from 3:30 to 6:00 PM in the Social Hall**

**March 25 – May 13, 2010**

**\$110 per Person for 8-Week Class; \$60 Review Rate; \$50 Student Rate**

The primary focus of this class is on deepening the student's actual experience of the timeless and eternal nature of Spirit.



**Rev. Bob Luckin**

**Science of Mind® (SOM) Classes**

**Series 100 ~ Unit 104: The Principles of Successful Living**

**Tuesdays from 7:00 to 9:30 PM in the Sanctuary**

**March 30 – May 18, 2010**

**This unit ONLY is being offered on a donation basis**

In The Principles of Successful Living, students explore the role of consciousness in co-creating his or her own life. Developing a positive, life-affirming consciousness is one of the goals of this class. Upon successful completion, participants will have a greater understanding of our place in this spiritual universe and our relation to the one creative source.



**Rev. Sue MillerBorn**

**Science of Mind® (SOM) Classes**

**Series 200 ~ Unit 206U: Practical Mysticism**

**Wednesdays from 7:00 to 9:30 PM in the Social Hall**

**April 7 – May 26, 2010**

**\$110 per Person for 8-Week Class; \$60 Review Rate; \$50 Student Rate**

This class is an exploration of mysticism – what it is and what it is not. It provides the framework for the student to live a more mystical life in present time. Each student sets a personal intention for his or her own life. Emphasis is given to the practice of meditation and the practice of witnessing consciousness. This class is ideal for anyone seeking to deepen his or her own awareness of the Divine reality in daily living.

### ***Change Your Thinking – Change Your Life! New Classes Are Beginning!***

Make a commitment to personal growth and spiritual learning by joining one of our Science of Mind® (SOM) courses. There are three to choose from and you are welcome to attend any of them, even if you have never taken a class before! The basic principles we study are profound, but not necessarily easy to embody and practice in our daily lives. Sunday morning is where we hear about our potential, but the classroom is where we experience the practical application of principle. The process of regular class attendance is how we begin to embody a true change in our consciousness. No matter who you are or what the current issues on your path, in classes you will find a new perspective—in a timeless message that is totally relevant for today. Each class is taught in a fun and fast-paced format. The support of shared insights and the opportunity to ask questions in a classroom setting offer a learning environment not easily duplicated with solitary study. The discipline of regular attendance and the weekly readings create a framework for asking the big questions about life and our place in it

To Register or for More Information, Please Contact:

**Center for Spiritual Living, Redding**

1905 Hartnell Avenue \* Redding, CA 96002

221-4849 or visit [www.cslredding.org](http://www.cslredding.org)