



August 2010



Center for Spiritual Living, Redding ~ Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Sunday Services, 9:00 and 10:30 AM</p> <p>Rev. Barbara Leger Speaking, 9:00 & 10:30 AM</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>Essence Class, 11:30 AM</u></p>	<p>2 Prayer Group, 5:00 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>Ballroom Dancing Lessons, 7:00 PM</p>	<p>3 Learning to Receive Your Divine Guidance Class, 6:30 PM</p> <p><u>Introduction to Meditation, 7:00 PM</u></p>	<p>4 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p>	<p>5 Chanting and Meditation, 7:00 AM</p> <p>Raja Yoga, 8:00 AM</p> <p>Live Free: Raw & Living Foods Education & Support Group, 12:00 Noon</p>	<p>6 <u>Pictorial Directory Photography, 1:30 - 9:00 PM</u></p>	<p>7 <u>Pictorial Directory Photography, 9:00 AM - 5:00 PM</u></p>
<p>8 Sunday Services, 9:00 and 10:30 AM</p> <p>Guest Musician Performs, 10:30 AM</p>	<p>9 A Course in Miracles, Rev. Judith Churchman, 3:30</p> <p>Prayer Group, 5:00</p> <p>Hatha Yoga, 5:30</p> <p>Ballroom Dancing Lessons, 7:00</p> <p>Practitioners' Meeting, 7:00</p>	<p>10 Learning to Receive Your Divine Guidance Class, 6:30 PM</p> <p>Prosperity Plus: A New Way of Living Class, Rev. Judith Churchman, 7:00 PM</p>	<p>11 Hatha Yoga, 5:30 PM</p> <p><u>Please Note:</u> The morning (9:00 AM) session of Hatha Yoga will not take place today.</p>	<p>12 Chanting and Meditation, 7:00 AM</p> <p>Raja Yoga, 8:00 AM</p> <p>Live Free: Raw & Living Foods Education & Support Group, 12:00 Noon</p>	<p>13 <u>Pictorial Directory Photography, 1:30 - 9:00 PM</u></p>	<p>14 Landscape Seva Day, 8:30 AM</p> <p><u>Pictorial Directory Photography, 9:00 AM - 5:00 PM</u></p>
<p>15 Sunday Services, 9:00 and 10:30 AM</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>Mandala Workshop, 1:00 PM</u></p>	<p>16 A Course in Miracles, Rev. Judith Churchman, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>Ballroom Dancing Lessons, 7:00 PM</p>	<p>17 Learning to Receive Your Divine Guidance Class, 6:30 PM</p>	<p>18 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p>	<p>19 Chanting and Meditation, 7:00 AM</p> <p>Raja Yoga, 8:00 AM</p> <p>Live Free: Raw & Living Foods Education & Support Group, 12:00 Noon</p>	<p>20 <u>Wisdom Keepers, 12:00 Noon</u></p>	<p>21 <u>Better Living through Living Foods: The Why, 7:00 PM</u></p>
<p>22 Sunday Services, 9:00 and 10:30 AM</p> <p>Guest Musician Performs, 10:30 AM</p> <p>"Source" Youth Group Meeting, 1:00 PM</p>	<p>23 A Course in Miracles, Rev. Judith Churchman, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>Ballroom Dancing Lessons, 7:00 PM</p>	<p>24 Learning to Receive Your Divine Guidance Class, 6:30 PM</p>	<p>25 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p>	<p>26 Chanting and Meditation, 7:00 AM</p> <p>Raja Yoga, 8:00 AM</p> <p>Live Free: Raw & Living Foods Education & Support Group, 12:00 Noon</p> <p><u>HeartSangha Choir Potluck & Rehearsal, 6:00 PM</u></p>	<p>27 <u>Sabbath Service, 6:00 PM</u></p>	<p>28 <u>Better Living through Living Foods: The How, 7:00 PM</u></p>
<p>29 Sunday Services, 9:00 and 10:30 AM</p> <p>Guest Musician Performs, 10:30 AM</p> <p>"Source" Youth Group Meeting, 1:00 PM</p>	<p>30 A Course in Miracles, Rev. Judith Churchman, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Hatha Yoga, 5:30 PM</p>	<p>31 Board of Trustees Meeting, 6:30 PM</p>				