

# AUGUST 2010 EVENTS

**Rev. Barbara Leger Speaking** 8/1

Essence Class 8/1

Prayer Group 8/2, 9, 16, 23, 30

Hatha Yoga 8/2, 9, 16, 23, 30

Introduction to Meditation 8/3

Hatha Yoga (AM) 8/4, 18, 25

Hatha Yoga (PM) 8/4, 11, 18, 25

Chanting and Meditation 8/5, 12, 19, 26

Raja Yoga 8/5, 12, 19, 26

Live Free: Raw & Living Foods  
Education & Support Group 8/5, 12, 19, 26

**Pictorial Directory Photography** 8/6, 7, 13, 14

Landscape Seva Day 8/14

**Mandala Workshop** 8/15

Wisdom Keepers 8/20

**Better Living through Living Foods:  
The Why and the How Workshop** 8/21 & 28

**HeartSangha Choir Potluck & Rehearsal** 8/26

Sabbath Service 8/27

~~Jonas Magram Concert~~ CANCELLED 8/29