

## March, 2011

### March 6

Revs. Judith Churchman &  
Bob Luckin

9:00 ~ What's Important,  
What's Not

10:30 ~ Touched by Spirit

### March 13

Revs. Bob Luckin &  
Judith Churchman

9:00 ~ The Power of Ideas

10:30 ~ Pruning as Needed

### March 20

Revs. Judith Churchman &  
Bob Luckin

9:00 ~ I Am Enough

10:30 ~ Stand Firm This  
Day

### March 27

Revs. Bob Luckin &  
Judith Churchman

9:00 ~ The Secret of  
Happiness

10:30 ~ Love Without Words

## ANNUAL CONGREGATIONAL MEETING

Sunday, March 20, 2011

11:45 PM

Our Annual Congregational Meeting is a once a year "State of the Center" meeting where we elect new Board members, hear how 2010 went financially, and find out about some of the opportunities that await us in 2011. We are asking all members to plan to be present. For those not able to stay in attendance, please fill out a proxy ballot, available at the Information Desk in early March, which will allow us to conduct business.

## We ARE a Family Friendly Center!

We have always considered ourselves a family friendly Center. We have a dedicated team of teachers and care-givers for our youth at our 10:30 am service on Sundays, working with four different age groups: babies and toddlers to age 3; Lights: ages 4 – 7; Tweens: ages 8 – 12; and Teens: ages 13 – 18. Rev. Bob and I are grateful that this Center has been so dedicated to its youth. Except for the babies, where we provide Tender Loving Care, all the other groups have carefully planned activities that teach self esteem, Science of Mind principles, and spiritual mind treatment at the level the children can understand and use.



Patty Haggard heads the "Babies" group, and has offered her loving care for a few years. She is assisted by Ariel Highwind, Jaia Lee's daughter. Wendi Stewart is relatively new as the Lights and Tweens leader, volunteering about a year ago. We are so fortunate to have her. She grew up in our Children's Church and offers all her knowledge and enthusiasm. Ace Clemens heads the Teens group and has served them with dedication for many years. She is ably assisted by Erin Marie Szymanski. They meet on Sundays from 3:00 – 5:00 pm in our Social Hall. They participate in enjoyable "workshops" where they learn about their spiritual magnificence. When they attend regularly, they are able to go to two "camps" per year, where they participate with teens from all over the US and Canada. These camps are life changing for the youth in their provision of unconditional love from the other teens and excellent planning and oversight by diligent ministers and other adult volunteers.



We currently have a growing number of children in all these groups, so we are encouraging parents to schedule themselves as volunteer helpers once every couple of months to ensure there are enough hearts and hands to handle all these little bundles of energy and love. You may schedule yourself by calling our talented Team Leader, Wendi Stewart, at 515-6623.

A few months ago, some of our mothers with young children asked us to consider offering more events and services that are family friendly and we are delighted to do so. We are now offering child care at our larger events. If you would like to have child care to attend our new Wednesday Night Sacred Services, please call the Center and we will arrange it.

Most exciting, however, are the events coming this year that are not only family-friendly, but actually child-centered. On Easter Sunday Sylvia Kunz would like to photograph all the children in their Easter finery so that we can pair their photos with their art displays. SET, our Special Events Team, has planned a **May Day Event** (Sunday, May 1, 2011) in our Center garden that will have lots of fun happenings for families with children, including a bounce house and face painting. A **Family Retreat** is planned for May 27 – 28, 2011, also on our Center grounds, with an option to set up tents overnight or sleeping at your own home. Fun workshops will be available and food will be provided. Our **Patrick's Point Camping Trip** includes families of all ages, and this year will be July 21-24, 2011.

Be sure to check out the two Youth bulletin boards in the Social Hall where you will see recent art work and projects, as well as the topics for upcoming Sundays, and a list of items that are needed. Most of all, please know that we are open to all ideas to make our Center even more Family Friendly.

In Love and Light, *Rev. Bob and Rev. Judith*

## PEACE PRACTICE ~ MARCH 2011



"God is Peace. I am peace." Breathe this mantra with every step in your private moments. Let the mantra be a calling home of your self to your true nature. It will take you into a space of present moment and crowd out thoughts of doubt. There is rhythm to the count of the words and length of your breathing in and breathing out. It automatically calms your nervous system. Spring is calling for you to walk; the breath is whispering peace to you.

Blessings,  
*Rev. Sue MillerBorn*

## SPIRITUAL READINGS at WAYFARER BOOKSTORE

### Learn About and Connect with your Angels Weekday Appointments ~ Month of March

*"We're all kissed by angels but some of us never think to pucker." ~ Terri Guillemets*



If you are seeking guidance in an area of your life and would like to connect more deeply with your Angelic guides, schedule a time to come into the bookstore to have an angel reading with Jaia Lee, as well as receive tips for how to connect with your angels every day. Jaia has a Masters in Spiritual Psychology and has been facilitating groups

and working one on one with clients for over ten years. To make an appointment, call Jaia at 917-8785.

## SACRED SERVICES CONTINUE

The ministers of the Center for Spiritual Living offer their unique, sacred services to the community each Wednesday evening at 7:30.

### Schedule:

Rev. Sue MillerBorn	3/2, 3/30, 4/27, 5/25, 6/29, 7/27, 8/24
Rev. Lynn E. Fritz	3/9, 4/6, 5/4, 6/1, 7/6, 8/3
Rev. Mary Mitchell	3/16, 4/13, 5/11, 6/15, 7/13, 8/10
Rev. Pam Sanchez	3/23, 4/20, 5/18, 6/22, 7/20, 8/17

## NAMASTE CAFÉ

### An Evening with "In2It" and Friends

Friday, March 4, 2011, at 6:00 PM

\$10 per Person

Join us for a remarkable evening of food, live music, and dancing! In2It will be inviting their musical friends to entertain us as we all enjoy a delightful selection of soups, salads, breads, and desserts. There will be prizes raffled off, too. This is a great way to start the weekend with fantastic food and fun while supporting the Center for Spiritual Living in its growth. *Please bring your own place setting so we can continue to keep our Center as "green" as possible.* We'll see you there!

## 2010/2011 SCIENCE OF MIND® (SOM) CLASSES

### FOURTH UNITS BEGIN



**SOM® 213 ~ Creative Process within the Individual** with Rev. Lynn E. Fritz for ten weeks on Tuesdays, beginning March 1, 2011, from 7:00 to 9:00 PM, in the Social Hall.

Discover and experience your inner wisdom and creativity in this 10-week class. Each class

begins with spiritual practice to inspire the Presence of Spirit and may include one or more for the following: art, music, silence, prayer, interactive discussion of the text and life altering contemplation. Its time to engage Spirit in YOUR creative process!



### **SOM® 104 ~ The Principles of Successful**

**Living** with Rev. Bob Luckin, Co-Pastor, for eight weeks on Mondays, beginning April 4, 2011, from 7:00 to 9:30 PM, in the Sanctuary. In The Principles of Successful Living, students explore the role of consciousness in co-creating his or her own life. Developing a positive, life-affirming consciousness is one of the

goals of this class. Upon successful completion, participants will have a greater understanding of our place in this spiritual universe and our relationship to the one creative source.



### **SOM® 104 ~ The Principles of Successful**

**Living** with Rev. Mary Mitchell for eight weeks on Thursdays beginning March 24, 2011, from 3:30 to 6:00 PM, in the Social Hall.

In The Principles of Successful Living, students explore the role of consciousness in co-creating his or her own life. Developing a positive, life-affirming consciousness is one of the goals of this class. Upon successful completion, participants will have a greater understanding of our place in this spiritual universe and our relationship to the one creative source.

***Both SOM® 100 and 200 classes are being offered on a love offering basis AFTER each student pays a required \$10 fee.***

## AFFIRMATIVE PRAYER REQUEST

If you would like to receive treatment from one of our Practitioners, please fill out an Affirmative Prayer Request at the Information Desk and put it in the yellow box. A spiritual mind treatment will be done for you right away!

## CREATIVE CONTEMPLATIONS4U

Contemplations4U is a free internet subscription service offered by the Center. Subscribers will receive a daily inspirational quote sent to their e-mail address. To subscribe, go to Yahoo Groups, register if you are not already a part of Yahoo Groups, search for Contemplations4U and follow the steps to subscribe!

### NEW MEMBERS' MEETING

Sunday, March 6, 2011, 11:45 AM

If you love the Center for Spiritual Living and want to stand in deep support of our efforts, we invite you to become a member of our Center. Members of the Center commit to support the Center with their time – attending on Sundays as often as possible; their talent – volunteering a minimum one hour per month in some way when possible and their treasure – giving financially as tithes or pledges. These three gifts are like refreshing rain to our community, bringing vital energy and love into a deep expression. Revs. Judith Churchman and Bob Luckin will be present to provide information and answer questions. The meeting will take place in the Sanctuary right after the 10:30 AM Service. The pre-requisite to becoming a member is to attend an Essence Class and a New Member's Meeting.

### MANAGING DIFFICULT PEOPLE

A Workshop Presented by Rev. Bob Luckin

Saturday, March 12, 2011

10:00 AM to 4:00 PM

\$20.00 per Person

Is there someone in your life, at home, or at work that seems impossible to get along with? Do you begin a conversation with the best of intentions only to end up walking away in frustration? If you are in a helping profession, a manager or a service provider, this workshop is especially for you. What you will learn:

- Ten things to say when confronted by an angry person
- Ten way to defuse a hostile situation
- How to play chess in combat
- What you can do that works
- What to say when someone tells you that have a fatal disease

Bring your difficult person problem to this workshop.

### DAYLIGHT SAVING TIME BEGINS

Sunday, March 13, 2011

Set your clocks forward one hour Saturday night before you go to sleep!

### SACRED SISTERS WOMEN'S GROUP

Monday, March 14, 2011, 7:00 PM

*"The caged bird sings with a fearful thrill of things unknown but longed for still and his tune is heard on the distant hill for the caged bird sings of freedom." -- Maya Angelou*

We all have a voice that longs to be heard. This month we have a dynamic process planned that will allow us access to our true voice. We will delve into the communication of the heart that encourages us to speak. You have the right to be heard and to learn to listen. Please dress comfortably as always and bring your journal. The inspirations of our time together need a place to be noted and followed up through your private time of journaling. Please call Rev. Sue at 221-7350 with any questions.

### OBJETS D'ART SILENT AUCTION

March 18 - 27, 2011

We are once again having our fine art/antiques silent auction! We invite you to bring your donations to the Center in preparation of the Bazaar being held from Friday, March 18 through Sunday, March 27, 2011. You are invited to donate art, antiques, silver, crystal, china, jewelry, etc. Invite your friends, bring your family, and come out to bid and buy at the one, the only – **Objets D'art Silent Auction!**

### "SPUD FEST" POTLUCK DINNER & GAMES

Friday, March 18, 2011

6:00 PM

\$5.00 per Person

Prepare yourself for the world's first "spud fest!" Even the folks in Idaho and Maine never thought to have a "spud fest." This world-class event is being brought to by The Center For Spiritual Living, Redding. We have invited the one and only Mr. Potato Head, and many other dignitaries, as well as Sour Cream, Chives and all the Other Fixings for a perfect culinary event! This is something you will not want to miss. Years from now when your grandchildren say, "Where were you during the Great "spud fest?" you will smile and tell them all about this epic event! Come participate in the Woodstock of Potatoes. Bring a potluck dish to share, something to do with "spuds," and your own place setting.

### THE SACRED DRUMMING CIRCLE

Sunday, March 20, 2011

5:00 PM

Drumming represents the heart beat of life, the rhythm of nature. Drum together in community, moving in synchronicity and attune to the Great Spirit with Rev Lynn E. Fritz, Karuk Tribal Descendent. Please bring your own drum, wear removable footwear and socks for sitting on the floor and your own water bottle. Donations suggested.

### SPRING EQUINOX CELEBRATION

Sunday, March 20, 2011, 6:00 PM

The Vernal Equinox, which happens each Spring, is an auspicious time for beginnings and renewal, both in Nature and Ourselves. Join Lorie Barnes for a joyful celebration of all things new and life-filled! You will relax, rejuvenate and reconnect with nature and the Earth Elements. Bring something that reminds you of Spring to place on the shared altar and seeds you'd like to plant that will be blessed. Think about what you'd like to bring to fruition this year. We'll sing, meditate, and more and we'll close by walking the labyrinth! Make the time to participate in the first of four events that will be held throughout this year. Blessed Be.

### CREATIVE THOUGHT MAGAZINES NEEDED

Please drop off your used copies of Creative Thought Magazine to be used in our Friendship Packets.

### A SIMPLE SERVICE - SABBATH

The Last Friday of Each Month at 6:00 PM



For those looking for a no frills yet moving Service, the Sabbath Service, a monthly offering on the last Friday of each month, is just right! Rev. Dr. Andrea Asebedo leads this lovely Service and you never know quite what she will bring for you to contemplate! All are welcome.

### HEALTHY LIVING into OUR "SILVER" YEARS

Sunday, March 27, 2011, 12:30 to 3:30 PM

\$15.00 per Person



Join Sandy Babcock, RN, Faith Community Nurse, for a fun and interesting workshop on healthy living as we grow older. Learn strategies to maintain and improve your health as you mature to enjoy great quality of life in your golden years. Learn how to strengthen mind, body and spirit and how to make that process a fun one!

### PURPLE PRINCIPLES CLASSES

Mondays, March 28 - April 18 &

May 2 - 23, 2011

7:00 to 9:00 PM

\$50 per Person for 4 Weeks or

\$90 for 8 Weeks



Licensed Practitioner Tienne Beaulieu will present two four-week classes based on her shamanic books "*September With Purple Horse Woman*" and "*Purple Wolf Moon*." From

March 28 - April 18, 2011, participants will explore the integration of ancient wisdom paths with the Science of Mind teachings using Book 1 as reference and guide. From May 2 - May 23, 2011, participants will explore the unfoldment of inherent wisdom through activation of major chakras using Book 2 as inspiration for the process. Both class sets will be experiential as Tienne draws on treatment, yogic and shamanic techniques to share. Attend one or both four week sessions. Participants are expected to attend all classes and to keep current on reading and other assignments. A short introductory session will meet after the 10:30 service on Sunday, March 20, 2011. Books are available in the Wayfarer Bookstore. Tienne invites questions at 243-1191.

# Seva Opportunities

### COME PLAY and SERVE in the NEW YEAR!

One of the best ways to get to know our community is to participate on a Seva team. Each team welcomes people to join them, for a single time or ongoing. If you would like to participate on one of our many teams, please let Lorie know (221-4849.)

### AUDIO/VIDEO TEAM INVITING VOLUNTEERS

Learn how to operate the sound board and help set up for concerts and special events. Contact Roger Gray at 241-2432 or Michael Bordeaux at 229-1765.

### CHILDREN'S CHURCH INVITES YOU TO HELP WITH TEACHING

Do you enjoy working with children? Would you like to help them learn about the Science of Mind? If so, please contact Wendi Stewart at 515-6623.

### CLEANING TEAM INVITING VOLUNTEERS

If you have two hours a month to help keep the Center sparkling, the Cleaning Team invites you to be on their crew. Team members clean on any day of the week, one time a month, that suits their individual schedules. Give Sherry Miller a call at 223-3452 to join and, of course, all the usual benefits apply!

### OFFICE SEVA OPPORTUNITIES

Enjoy sharing your time helping in the Center's Office four hours on one day a week. Interested? Call Lorie Barnes or Sylvia Kunz at 221-4849.

### PUBLICITY SEVA NEEDED

Do you ever drive to Palo Cedro, Red Bluff or the outer areas of Redding? The Publicity Team is looking for a few special volunteers to post publicity flyers. Interested? Just call the Center office at 221-4849.

### WAYFARER BOOKSTORE VOLUNTEERS

Book lovers! The Wayfarer Bookstore has openings for new volunteers with a passion for knowledge and helping those looking for the perfect book. Contact Traci Roberti at 378-5234 or Sylvia Kunz at 410-8028.

### FRIDAY NIGHT AT THE MOVIES

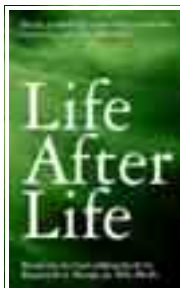
"Life After Life"

Friday, April 1, 2011

6:00 PM

\$10 per Person for Dinner

Pre-Registration is REQUESTED!



Enjoy a tasty meal in good company, then watch the film "Life After Life" followed by an in-depth discussion of the film with Revs. Judith Churchman and Bob Luckin. Do near-death experiences represent an authentic encounter with a world beyond? Best-selling author Raymond Moody explores the nature and significance of these profound experiences for those whose lives brush against death. This film is 57 minutes long. For those who pay in advance to be assured of dinner, please arrive by 6:00 PM.

**"THE TAO OF FORGIVENESS" WORKSHOP**

**With William Martin**

**Sunday, April 3, 2011, 1:00 to 5:00 PM**

**\$25 per Person**



Bestselling Taoist author William Martin brings the power of the Tao to the essential practice of forgiveness, creating a unique path from guilt, blame, and shame to peace of mind and freedom. How do we forgive when forgiveness seems impossible? William Martin

provides practical and time honored answers. He brings the practice of forgiveness to people of all spiritual backgrounds. With the devastating personal and societal damage caused by resentment, anger, guilt, and shame in mind, Martin patiently and compassionately helps people overcome the ills of "holding on" with the openness of the Tao. He illustrates how forgiveness is freedom and that the pathway to overcoming anger is also the way to spiritual liberation.

**INVITING THE SACRED at  
ST. JOSEPH'S CATHOLIC CHURCH**

**Sunday, April 3, 2011, 7:30 PM**

Experience an evening of multicultural sacred rituals including music, community interfaith choir, and reflections in honor of "A Season for Nonviolence." Rituals presented will be from the Native American, Islamic, Christian, Buddhist and other traditions. The event is presented by Rev. Lynn E. Fritz, Life Artistry Focus Minister, co-sponsored by the Center for Spiritual Living, Redding and the Shasta County Interfaith Forum at St. Joseph Catholic Church, 2040 Walnut Street, Redding. Donations suggested. Call 243-8862 or visit [www.cslredding.org](http://www.cslredding.org).

**WHAT YOU RESISTS, PERSISTS**

**With Dawn Novotny and Rev. Judith Churchman**

**Friday, April 8, 2011, from 6:00 to 8:00 PM and**

**Saturday, April 9, 2011, from 9:00 AM to 5:00 PM**

**\$75 per Person**



Through the process of psychodrama (action therapy or role playing) this workshop will explore a fundamental aspect of spiritual psychology. Participants will understand how unexpressed, internal critics prevent the most basic message of Ernest Holmes, "Change your thinking, and you will change your life," from manifesting. Dawn Novotny is a licensed clinician, teacher, author, and workshop leader, with a private practice in Sequim, Washington for the last twenty-seven years. She holds Master's degrees in clinical social work, and theology, and is a nationally certified psychotherapist-dramatist, has been an adjunct professor at Seattle University, and an instructor at Peninsula Community College.

**DID YOU KNOW?**

When you order from Amazon.com after first going to our website ([www.cslredding.org](http://www.cslredding.org)) and clicking on the Amazon icon on the first page or the bookstore page, the Center receives a small percentage of your purchase....no matter what you purchase?

**SPRING BOUNTY DINNER and RAFFLE**

**Friday, April 15, 2011, 6:00 PM**

Buon gusto! Vene! Join friends and family for an evening of tasty Italian antipasto, pasta and other delights! Come to our trattoria filled with luscious foods, camaraderie and dancing. Come savor and enjoy! Stay tuned for more information on this festive Friday feast, coming April 15th!

**PERSONAL BLOSSOMING CEREMONY**

**Easter Sunday, April 24, 2011, 10:30 AM**

The Spirit of Easter comes alive with our Personal Blossoming Ceremony, a beautiful Service of rebirth and renewal. Revs. Judith Churchman and Bob Luckin will all be on hand to share in a delightful service. We hope that Easter will be a time of great inspiration and spiritual depth as you share it with your family, friends and the Center community.

**REV. SUE MILLERBORN'S ORDINATION CEREMONY**

**Saturday, April 23, 2011, 7:00 PM**

Moving through the different passages of ministry, I have arrived at the doorway of being ordained. I wanted to let you know that there will be a special ceremony that I would love for you to attend. I would so appreciate you joining me in the consciousness of this sacred opportunity as I dedicate myself to this life's work. Please hold the date and share in this time with us. Thank you, Rev. Sue MillerBorn

**CSLR on FACEBOOK!**

If you are on Facebook, look for the Center's Facebook page where we offer a daily message of encouragement. Do a search for Center for Spiritual Living, Redding.

**SUNDAY SERVICE CDs**

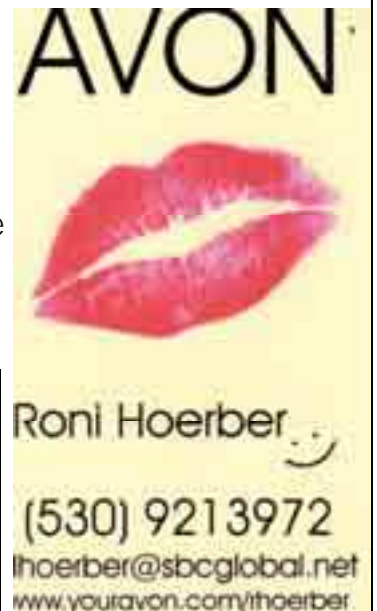
There are now copies of both the Sunday talks by Mellen-Thomas Benedict on January 30<sup>th</sup> and Revs. Judith and Bob on February 13<sup>th</sup> available for purchase in the bookstore!

**NEWSLETTER  
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[www.youravon.com/rhoerber](http://www.youravon.com/rhoerber)

# March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1 Prayer Group, 5:00 PM</p> <p><u>SOM 213 Begins, Rev. Lynn, 7:00 PM</u></p> <p><u>Introduction to Meditation, 7:00 PM</u></p>	<p>2 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p> <p><b>Sacred Service, Rev. Sue Miller Born, 7:30 PM</b></p>	<p>3 Live Free: Raw/Living Foods Education/Support Group, 12:00 Noon</p> <p>SOM 103, Rev. Mary, 3:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>4 <b><u>Namaste Café, 6:00 PM</u></b></p>	5
<p>6 <u>SET Meeting, 8:30 AM</u></p> <p>Sunday Services, 9:00 and 10:30 AM (Revs. Judith &amp; Bob)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p><u>New Members Meeting, 11:45 AM</u></p> <p>Youth Group Meeting, 3:00 PM</p>	<p>7 Mystical Poetry &amp; Creative Expression, Jaia Lee, 3:30 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>SOM 300, Rev. Judith, 6:30 PM</p> <p>SOM 103, Rev. Bob, 7:00 PM</p>	<p>8 Course in Miracles, Rev. Bob, 3:30 PM</p> <p>Nonviolent Communications, Rev. Judith, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Creative Living, Revs. Judith and Bob, 6:30 PM</p> <p>SOM 213, Rev. Lynn, 7:00 PM</p>	<p>9 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p> <p><b>Sacred Service, Rev. Lynn, 7:30 PM</b></p>	<p>10 Live Free: Raw/Living Foods Education/Support Group, 12:00 Noon</p> <p>SOM 103, Rev. Mary, 3:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	11	<p>12 <u>Landscape Seva Day, 8:30 AM</u></p> <p><b><u>Managing Difficult People Workshop, Rev. Bob Luckin, 10:00 AM - 4:00 PM</u></b></p> <p><u>Turn Clocks Back One Hour Before Going to Sleep</u></p>
<p>13 Sunday Services, 9:00 and 10:30 AM (Revs. Bob &amp; Judith)</p> <p>Youth Group Greet &amp; Ushers, 10:00 AM</p> <p>In2It Performs, 10:30 AM</p> <p>Practitioners' Meeting, 12:00 Noon</p> <p><u>Daylight Saving Time Begins</u></p>	<p>14 Mystical Poetry &amp; Creative Expression, Jaia Lee, 3:30 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>SOM 300, Rev. Judith, 6:30 PM</p> <p>SOM 103, Rev. Bob, 7:00 PM</p> <p><u>Sacred Sisters, 7:00 PM</u></p>	<p>15 Course in Miracles, Rev. Bob, 3:30 PM</p> <p>Nonviolent Communications, Rev. Judith, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Creative Living, Revs. Judith and Bob, 6:30 PM</p> <p>SOM 213, Rev. Lynn, 7:00 PM</p>	<p>16 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p> <p><b>Sacred Service, Rev. Mary, 7:30 PM</b></p>	<p>17 Live Free: Raw/Living Foods Education/Support Group, 12:00 Noon</p> <p>SOM 103, Rev. Mary, 3:30 PM</p> <p>SOM 350, Rev. Judith, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>18 <u>Wisdom Keepers, 12:00 Noon</u></p> <p><b><u>"Spud Fest" Potluck Dinner &amp; Games, 6:00 PM</u></b></p> <p><b><u>Objets D'art Silent Auction Begins, 6:00 PM</u></b></p>	19
<p>20 Sunday Services, 9:00 and 10:30 AM (Revs. Judith &amp; Bob)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p><u>Congregational Meeting, 11:45 AM</u></p> <p>Youth Group Meeting, 3:00 PM</p> <p><u>Sacred Drumming Circle, 5:00 PM</u></p> <p><u>Spring Equinox Celebration, 6:00 PM</u></p>	<p>21 Mystical Poetry &amp; Creative Expression, Jaia Lee, 3:30 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>SOM 300, Rev. Judith, 6:30 PM</p> <p>SOM 103, Rev. Bob, 7:00 PM</p>	<p>22 Course in Miracles, Rev. Bob, 3:30 PM</p> <p>Nonviolent Communications, Rev. Judith, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Creative Living, Revs. Judith and Bob, 6:30 PM</p> <p>SOM 213, Rev. Lynn, 7:00 PM</p>	<p>23 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p> <p><b>Sacred Service, Rev. Pam, 7:30 PM</b></p>	<p>24 Live Free: Raw/Living Foods Education/Support Group, 12:00 Noon</p> <p>SOM 104 Begins, Rev. Mary, 3:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>25 <b><u>Sabbath Service with Rev. Dr. Andrea Asebedo, 6:00 PM</u></b></p>	26
<b><u>Objets D'art Silent Auction: March 18 - 27, 2011</u></b>						
<p>27 Sunday Services, 9:00 and 10:30 AM (Revs. Bob &amp; Judith)</p> <p><b><u>Healthy Living into Our Silver Years Workshop with Sandy Babcock, 12:30 PM</u></b></p> <p>Youth Group Meeting, 3:00 PM</p> <p>Board of Trustees Meeting 6:00 PM</p>	<p>28 Mystical Poetry &amp; Creative Expression, Jaia Lee, 3:30 PM</p> <p>Hatha Yoga, 5:30 PM</p> <p>SOM 300, Rev. Judith, 6:30 PM</p> <p>SOM 103, Rev. Bob, 7:00 PM</p> <p><u>Purple Principles Begins, Tienne Beaulieu, 7:00 PM</u></p>	<p>29 Course in Miracles, Rev. Bob, 3:30 PM</p> <p>Nonviolent Communications, Rev. Judith, 3:30 PM</p> <p>Prayer Group, 5:00 PM</p> <p>Creative Living, Revs. Judith and Bob, 6:30 PM</p> <p>SOM 213, Rev. Lynn, 7:00 PM</p>	<p>30 Hatha Yoga, 9:00 AM</p> <p>Hatha Yoga, 5:30 PM</p> <p><b>Sacred Service, Rev. Sue Miller Born, 7:30 PM</b></p>	<p>31 Live Free: Raw/Living Foods Education/Support Group, 12:00 Noon</p> <p>SOM 104, Rev. Mary, 3:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>		

# Recurring Events

## "SOURCE" YOUTH GROUP

Meets every Sunday from 3:00 to 5:00 PM in the Social Hall except for the second Sunday of each month when they meet from 10:00 AM to 12:30 PM. For more information, please call Ace Clemens at 518-4503.

## SET (SPECIAL EVENTS TEAM)

Meets the first Sunday of each month from 8:30 to 9:30 AM in the Social Hall. For more information, please call Tara Steele at 355-4283.

## THE PRAYER GROUP

Meets every Tuesday (except holidays) from 5:00 to 6:00 PM in the Practitioners' Room in the Sanctuary. For more information, please call Sally Foster at 941-7776.

## SACRED SISTERS WOMEN'S GROUP

Meets the second Monday of every month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Sue MillerBorn at 221-7350.



## LIVE FREE: RAW & LIVING FOODS EDUCATION & SUPPORT GROUP

meets each Thursday from 12:00 Noon to 2:00 PM in the Social Hall. Suggested donation \$5. For more information, please call Jaia Lee at 917-8785.

## HEARTSANGHA CHOIR

Rehearses every Thursday from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir performs at the 10:30 AM service on the first and third Sunday each month and hosts the Social Hall on the third Sunday of each month. For more information, please call Chris Johnson at 242-1214.

## WISDOM KEEPERS

A group for those 50 years plus, meets the third Friday of each month at 12:00 Noon in the Social Hall. For more information, please call Diana Bordeaux at 229-1765.

## LANDSCAPE TEAM SEVA DAY

On the second Saturday of each month at 8:30 AM. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

## HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

## MEDITATION AND YOGA SCHEDULE

- **HATHA YOGA**, the Yoga of postures, every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost \$5. For more information, please call Rev. Sue MillerBorn at 221-7350.
- **INTRODUCTION TO MEDITATION** on the first Tuesday of each month from 7:00 to 8:30 PM. For more information, please call Rev. Pam Sanchez at 275-5280 or Tienne Beaulieu at 243-1191.
- **HATHA YOGA**, the Yoga of postures, every Wednesday from 9:00 to 10:15 AM. For more information, please call T. Marie at 241-5065.



## OUTSIDE GROUPS

- **AA** every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, call Dave Wilson at 224-1901.
- **River Oak Sangha** every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.
- **Community Healers Gathering** the last Wednesday of each month from 7:00 to 9:00 PM in the Healing Arts Cottage. For more information, please call Sandy Babcock at 243-5716.





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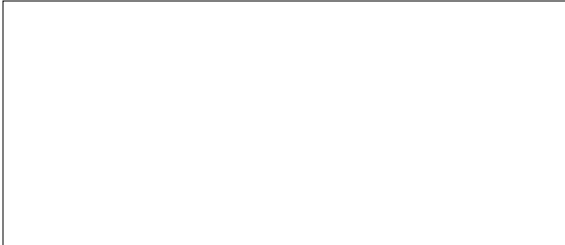
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**OUR VISION**

Celebrating our Spiritual Magnificence

**OUR MISSION**

Empowering individuals to live an abundant, spirit-connected life through sacred service, community, and Science of Mind Principles.

**MINISTERS & PRACTITIONERS**

<b>Rev. Judith Churchman</b>	Co-Pastor/Practitioner	605-5982
<b>Rev. Bob Luckin</b>	Co-Pastor/Practitioner	605-5042
<b>Rev. Mary Mitchell</b>	Assistant Minister/Practitioner	347-0996
<b>Rev. Sue MillerBorn</b>	Assistant Minister/Practitioner	221-7350
<b>Rev. Sharon Kennedy</b>	Staff Minister/Practitioner	222-0609
<b>Rev. Pam Sanchez</b>	Staff Minister/Practitioner	275-5280
<b>Rev. Dr. Andrea Asebedo</b>	Minister Emeritus/Practitioner	244-4705
<b>Rev. Lynn E. Fritz</b>	Focus Minister/Practitioner	243-8862
<b>Tienne Beaulieu</b>	Licensed Practitioner	243-1191
<b>Ace Clemens</b>	Licensed Practitioner	518-4503
<b>Ed Brewer</b>	Intern Practitioner	243-4993
<b>Vicky Egar-Klein</b>	Intern Practitioner	396-2977
<b>Marylin Miller</b>	Intern Practitioner	722-0681

**BOARD OF TRUSTEES**

<b>Rev. Judith Churchman</b>	605-5982	<b>Doug Hoerber</b>	221-3077
<b>Diana Bordeaux</b>	229-1765	<b>Jennifer Kirkland</b>	242-0404
<b>Mike Foerster</b>	529-3249	<b>Tara Steele</b>	355-4283
<b>Dave Forseth</b>	225-4043	<b>Gillian Trumbull</b>	241-3900
<b>Roger Gray</b>	241-2432		

**E-MAILS:**

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[revjudith@cslredding.org](mailto:revjudith@cslredding.org)

**Rev. Bob Luckin**  
[revbob@cslredding.org](mailto:revbob@cslredding.org)

**Rev. Mary Mitchell**  
[memitchell@charter.net](mailto:memitchell@charter.net)

**Rev. Sue Miller-Born**  
[shantiananda@hotmail.com](mailto:shantiananda@hotmail.com)

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**Webmaster**  
[webmaster@cslredding.org](mailto:webmaster@cslredding.org)

**OFFICE/BOOKSTORE HOURS:**

Monday - Thursday:  
9:00 AM - 5:00 PM

Sunday Services:  
9:00 AM & 10:30 AM

Nursery (0-3): 9:00 & 10:30 AM

Children (4-9): 10:30 AM

Tweens Group (10-12): 10:30 AM

“Source” Youth Group: 3:00 PM

**24-Hour Treatment Line:**  
221-HEAL/221-4325