

August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>"The Infinite Way,"</u> Diana Bordeaux, 7:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>2 <u>Introduction to Meditation, Rev. Pam Sanchez, 6:30 PM</u></p>	<p>3 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Sacred Service, Rev. Lynn E. Fritz, 7:30 PM</p>	<p>4 Live Free: Raw/Living Foods Education/Support Group, Jaia Lee, 12:00 Noon</p> <p>Habits for Health Support Group, Linda Pearson, 5:00 PM</p>	<p>5</p>	<p>6</p>
<p>7 <u>Farmers Market Begins</u></p> <p><u>SET Meeting, 8:30 AM</u></p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Judith Churchman & Bob Luckin)</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>Essence Class, 11:45 AM</u></p> <p>Youth Group Meeting, 3:00 PM</p>	<p>8 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>"The Infinite Way,"</u> Diana Bordeaux, 7:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>9 <u>"A Course in Miracles,"</u> Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class , Rev. Pam Sanchez, 6:30 PM</p> <p>Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 7:00 PM</p>	<p>10 Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 1:00 PM</p> <p>Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Sacred Service, Rev. Mary Mitchell, 7:30 PM</p>	<p>11 Live Free: Raw/Living Foods Education/Support Group, Jaia Lee, 12:00 Noon</p> <p>Habits for Health Support Group, Linda Pearson, 5:00 PM</p>	<p>12 <u>Introduction to Parenting with Love and Logic, Rev. Kay Stewart, 6:30 PM</u></p>	<p>13 <u>Landscape Seva Day, 8:30 AM</u></p>
<p>14 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Sue MillerBorn & Bob Luckin)</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>Landscape & Building Maintenance Seva Teams Hosting Social Hall, 11:45 AM</u></p> <p>Practitioners' Meeting, 12:00 Noon</p> <p>Youth Group Meeting, 3:00 PM</p>	<p>15 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>"The Infinite Way,"</u> Diana Bordeaux, 7:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>16 <u>"A Course in Miracles,"</u> Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class , Rev. Pam Sanchez, 6:30 PM</p> <p>Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 7:00 PM</p>	<p>17 Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 1:00 PM</p> <p>Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Sacred Service, Rev. Pam Sanchez, 7:30 PM</p>	<p>18 Live Free: Raw/Living Foods Education/Support Group, Jaia Lee, 12:00 Noon</p> <p>Habits for Health Support Group, Linda Pearson, 5:00 PM</p> <p><u>Musicianship Workshop, Chris Johnson, 7:00 - 9:00 PM</u></p>	<p>19 <u>Friday Night at the Movies: "The Living Matrix," 6:00 PM</u></p>	<p>20 <u>Miracle Day Retreat based on "A Course in Miracles," Rev. Bob Luckin, 9:00 AM to 4:00 PM</u></p>
<p>21 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Kay Stewart & Bob Luckin)</p> <p>Guest Musician Performs, 10:30 AM</p> <p>Youth Group Meeting, 3:00 PM</p>	<p>22 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>"The Infinite Way,"</u> Diana Bordeaux, 7:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>23 Course in Miracles, Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class, Rev. Pam Sanchez, 6:30 PM</p> <p>Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 7:00 PM</p>	<p>24 Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 1:00 PM</p> <p>Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Sacred Service, Rev. Sue MillerBorn, 7:30 PM</p>	<p>25 Live Free: Raw/Living Foods Education/Support Group, Jaia Lee, 12:00 Noon</p> <p>Habits for Health Support Group, Linda Pearson, 5:00 PM</p> <p><u>Heart Sangha Choir Season Begins-Potluck at 6:00 PM, Rehearsal at 7:00 PM</u></p>	<p>26</p>	<p>27</p>
<p>28 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 and 10:30 AM (Revs. Bob Luckin & Judith Churchman)</p> <p>Guest Musician Performs, 10:30 AM</p> <p>Youth Group Meeting, 3:00 PM</p>	<p>29 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>"The Infinite Way,"</u> Diana Bordeaux, 7:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>30 Course in Miracles, Rev. Bob Luckin, 3:30 PM</p> <p>Board of Trustees Meeting, 6:00 PM</p> <p>Meditation Class, Rev. Pam Sanchez, 6:30 PM</p> <p>Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 7:00 PM</p>	<p>31 Prosperity Plus, Revs. Judith Churchman & Bob Luckin, 1:00 PM</p> <p>Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Sacred Service, Rev. Kay Stewart, 7:30 PM</p>			

Recurring Events

"SOURCE" YOUTH GROUP

Meets every Sunday (except holiday weekends) from 3:00 to 5:00 PM in the Social Hall. For more information, please call Ace Clemens at 518-4503.

SET (SPECIAL EVENTS TEAM)

Meets (usually) the first Sunday of each month from 8:30 to 9:30 AM in the Social Hall. For more information, please call Tara Steele at 355-4283.

SACRED SISTERS WOMEN'S GROUP

Meets the second Monday of every month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Sue MillerBorn at 221-7350. **On hiatus until September.**



LIVE FREE: RAW & LIVING FOODS EDUCATION & SUPPORT GROUP meets each Thursday from 12:00 Noon to 2:00 PM in the Social Hall. Suggested donation of \$5. For more information, please call Jaia Lee at 917-8785.

HABITS FOR HEALTH SUPPORT GROUP

Meets each Thursday from 5:00 to 6:30 PM in the Healing Arts Cottage. This group is geared towards weight loss and healthy eating. For more information, please contact Linda Pearson at 515-1262.

HEARTSANGHA CHOIR

Rehearses each Thursday from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir performs at the 10:30 AM service on the first and third Sunday each month and hosts the Social Hall on the third Sunday of each month. For more information, please call Chris Johnson at 242-1214.

LANDSCAPE TEAM SEVA DAY

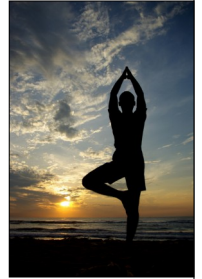
On the second Saturday of each month at 8:30 AM. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

Meditation and Yoga Schedule

- **HATHA YOGA**, the Yoga of postures, every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sue MillerBorn at 221-7350.
- **RAJA YOGA**, consists of breathing techniques, guided visualizations, chakra activation, and mental concentration exercises, every Monday from 7:00 to 8:30 PM in the Meditation Pavilion. Suggested Donation of \$5. For more information, please call Tienne Beaulieu at 243-1191.
- **YOGA PLUS**, the Yoga of postures, every Tuesday from 8:00 to 9:30 AM. Suggested donation of \$5. For more information, please call T. Marie at 241-5065. **On hiatus until October.**
- **INTRODUCTION TO MEDITATION** on the 1st Tuesday of each month from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 275-5280.
- **MEDITATION CLASS**, consists of a brief discussion, practice, time for questions/sharing and actual practice on the 2nd - 5th Tuesdays each month from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 275-5280.



Outside Groups

- **The Sacred Drumming Circle** the last Sunday of each month from 5:30 to 6:30 PM at the Meditation Pavilion (usually). For more information, please call Rev. Lynn E. Fritz at 243-8862.
- **AA** every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, call Dave Wilson at 224-1901.
- **River Oak Sangha** every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.



Visit our website, too: www.cslredding.org