

# AUGUST 2011 EVENTS

Hatha (Postures) Yoga	8/1, 8, 15, 22, 29
Raja (Meditative) Yoga	8/1, 8, 15, 22, 29
Introduction to Meditation	8/2
Hatha (Postures) Yoga	8/3, 10, 17, 24, 31
Wednesday Sacred Services	8/3, 10, 17, 24, 31
Live Free: Raw and Living Food Group	8/4, 11, 18, 25
Habits for Health Support Group	8/4, 11, 18, 25
<b>Farmers' Market Returns</b>	<b>8/7</b>
Sunday Services	8/7, 14, 21, 28
<b>Essence Class</b>	<b>8/7</b>
"Source" Youth Group Meetings	8/7, 14, 21, 28
Meditation Class	8/9, 16, 23, 30
<b>Introduction to Parenting with Love and Logic</b> <b>With Rev. Kay Stewart</b>	<b>8/12</b>
Landscape Seva Day	8/13
<b>Landscape and Building Maintenance Seva Team</b> <b>Hosting the Social Hall</b>	<b>8/14</b>
Musicianship Workshop with Chris Johnson	8/18
<b>Friday Night at the Movies: "The Living Matrix"</b>	<b>8/19</b>
<b>Miracle Day Retreat with Rev. Bob Luckin</b> <b>Based on "<u>A Course in Miracles</u>"</b>	<b>8/20</b>
Sacred Drumming Circle	8/21
<b>HeartSangha Choir Season Begins</b>	<b>8/25</b>