

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>September 2011</h1>				<p>1 Live Free: Raw/Living Foods Education/Support Group, Charlotte Garland, 12:00 Noon</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	2	3
<p>4 <u>Farmers Market</u></p> <p>SET Meeting, 8:30 AM</p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Bob Luckin & Judith Churchman)</p> <p>Guest Musician Performs, 10:30 AM</p> <p>New Members' Meeting, 11:45 AM</p> <p>Practitioners' Meeting, 12:00 Noon</p>	<p>5 Office/Bookstore Closed for Labor Day</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>6 "A Course in Miracles," Rev. Bob Luckin, 3:30 PM</p> <p><u>Introduction to Meditation, Rev. Pam Sanchez, 6:30 PM</u></p>	7	<p>8 Live Free: Raw/Living Foods Education/Support Group, Charlotte Garland, 12:00 Noon</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>9 <u>Parking Lot Sale, 7:00 AM - 3:00 PM</u></p>	<p>10 <u>Parking Lot Sale, 7:00 AM - 3:00 PM</u></p>
<p>11 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Judith Churchman & Bob Luckin)</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>Peace Walk on 10th Anniversary of 9/11, 12:00 Noon</u></p> <p>"Source" Youth Group Meeting, 3:00 PM</p>	<p>12 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p> <p><u>Sacred Sisters Women's Group, 7:00 PM</u></p>	<p>13 "A Course in Miracles," Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class, Rev. Pam Sanchez, 6:30 PM</p> <p><u>SOM 101 Begins, Rev. Bob Luckin, 7:00 PM</u></p> <p><u>SOM 209 Begins, Rev. Judith Churchman, 7:00 PM</u></p>	<p>14 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>SOM 300 Begins, Rev. Mary Mitchell, 6:00 PM</u></p> <p><u>Healing Service, Rev. Bob Luckin, 7:00 PM</u></p>	<p>15 Live Free: Raw/Living Foods Education/Support Group, Charlotte Garland, 12:00 Noon</p> <p><u>Creative Living Class Begins, Revs. Judith Churchman & Bob Luckin, 6:30 PM</u></p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	16	<p>17 <u>Landscape Seva Day, 8:30 AM</u></p> <p><u>"Living the Essential Self" Monthly Retreat Series Begins, Rev. Judith Churchman, 9:00 AM to 4:00 PM</u></p>
<p>18 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 & 10:30 AM (Revs. Bob Luckin & Judith Churchman)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p>"Source" Youth Group Meeting, 3:00 PM</p> <p><u>Parenting with Love and Logic Class Begins, Rev. Kay Stewart, 5:30 PM</u></p>	<p>19 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p><u>SOM 350 Begins, Rev. Judith Churchman, 6:30 PM</u></p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>20 "A Course in Miracles," Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class, Rev. Pam Sanchez, 6:30 PM</p> <p>SOM 101, Rev. Bob Luckin, 7:00 PM</p> <p>SOM 209, Rev. Judith Churchman, 7:00 PM</p>	<p>21 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>SOM 300, Rev. Mary Mitchell, 6:00 PM</p> <p><u>International Day of Peace Ceremony/ Service, Rev. Sue Miller Born, 7:00 PM</u></p>	<p>22 Live Free: Raw/Living Foods Education/Support Group, Charlotte Garland, 12:00 Noon</p> <p>Creative Living Class, Revs. Judith Churchman & Bob Luckin, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	23	<p>24 <u>Namaste Café, 6:00 PM</u></p>
<p>25 <u>Farmers Market</u></p> <p>Sunday Services, 9:00 and 10:30 AM (Revs. Judith Churchman & Gary Layman)</p> <p>Guest Musician Performs, 10:30 AM</p> <p><u>"The Power of the Presence-The Prodigal Path and Beyond" Workshop, Rev. Gary Layman, 1:00 to 4:00 PM</u></p> <p>"Source" Youth Group Meeting, 3:00 PM</p> <p>Parenting with Love and Logic Class, Rev. Kay Stewart, 5:30 PM</p>	<p>26 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>Board of Trustees Meeting, 6:00 PM</p> <p>Raja Yoga, Tienne Beaulieu, 7:00 PM</p>	<p>27 "A Course in Miracles," Rev. Bob Luckin, 3:30 PM</p> <p>Meditation Class, Rev. Pam Sanchez, 6:30 PM</p> <p>SOM 101, Rev. Bob Luckin, 7:00 PM</p> <p>SOM 209, Rev. Judith Churchman, 7:00 PM</p>	<p>28 Hatha Yoga, Rev. Sue MillerBorn, 5:30 PM</p> <p>SOM 300, Rev. Mary Mitchell, 6:00 PM</p>	<p>29 Live Free: Raw/Living Foods Education/Support Group, Charlotte Garland, 12:00 Noon</p> <p>Creative Living Class, Revs. Judith Churchman & Bob Luckin, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>30 <u>Prayer Walk, 6:00 PM</u></p>	
<p>"Gifts from the Sea" Women's Retreat in Trinidad, CA September 30 - October 2, 2011</p>						

Recurring Events

"SOURCE" YOUTH GROUP

Meets every Sunday (except holiday weekends) from 3:00 to 5:00 PM in the Social Hall. For more information, please call Ace Clemens at 518-4503.

SET (SPECIAL EVENTS TEAM)

Meets (usually) the first Sunday of each month from 8:30 to 9:30 AM in the Social Hall. For more information, please call Tara Steele at 355-4283.

SACRED SISTERS WOMEN'S GROUP

Meets the second Monday of every month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Sue MillerBorn at 221-7350.



LIVE FREE: RAW & LIVING FOODS EDUCATION & SUPPORT GROUP meets each Thursday from 12:00 Noon to 2:00 PM in the Social Hall. Suggested donation of \$5. For more information, please call Charlotte Garland at 275-2016.

HABITS FOR HEALTH SUPPORT GROUP

Meets each Thursday from 5:00 to 6:30 PM in the Healing Arts Cottage. This group is geared towards weight loss and healthy eating. For more information, please contact Linda Pearson at 515-1262.

HEARTSANGHA CHOIR

Rehearses each Thursday from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir performs at the 10:30 AM service on the first and third Sunday each month and hosts the Social Hall on the third Sunday of each month. For more information, please call Chris Johnson at 242-1214.

LANDSCAPE TEAM SEVA DAY

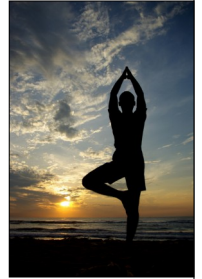
On the second Saturday of each month at 8:30 AM. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

Meditation and Yoga Schedule

- **HATHA YOGA**, the Yoga of postures, every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sue MillerBorn at 221-7350.
- **RAJA YOGA**, consists of breathing techniques, guided visualizations, chakra activation, and mental concentration exercises, every Monday from 7:00 to 8:30 PM in the Meditation Pavilion. Suggested Donation of \$5. For more information, please call Tienne Beaulieu at 243-1191.
- **YOGA PLUS**, the Yoga of postures, every Tuesday from 8:00 to 9:30 AM. Suggested donation of \$5. For more information, please call T. Marie at 241-5065. **On hiatus until October.**
- **INTRODUCTION TO MEDITATION** on the 1st Tuesday of each month from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 275-5280.
- **MEDITATION CLASS**, consists of a brief discussion, practice, time for questions/sharing and actual practice on the 2nd - 5th Tuesdays each month from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 275-5280.



Affiliated Groups

- **The Sacred Drumming Circle** the last Sunday of each month from 5:30 to 6:30 PM at the Meditation Pavilion (usually). For more information, please call Rev. Lynn E. Fritz at 243-8862.
- **AA** every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, call Dave Wilson at 224-1901.
- **River Oak Sangha** every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.



Visit our website, too: www.cslredding.org