

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1 Sunday Services, 9:00 & 10:30 AM (Rev. Sue MillerBorn Speaking)</p> <p>HeartSangha Choir Performs, 10:30 AM</p>	<p>2 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p><u>Mystic Monday Class Begins, Rev. Sue, 7:00 PM</u></p>	<p>3 Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 AM</p> <p>SOM 201, Rev. Sharon, 7:00 PM</p>	<p>4 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 PM</p>	<p>5 Raja Yoga, Tienne, 8:00 AM</p> <p>Vibrant Health through Living Foods, 12:00 Noon</p> <p>SOM 208, Rev. Judith, 2:30 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 PM</p> <p>Meditation, Rev. Pam, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>6</p>	<p>7 Overeaters' Anonymous Step Study Support Group, 9:00 AM</p> <p><u>Family Fun Time, Rev. Kay, 4:00 PM</u></p>
<p>8 Sunday Services, 9:00 & 10:30 AM (Revs. Bob & Judith)</p> <p>David Encore Performs, 10:30 AM</p> <p>"Source" Youth Group Hosts the Social Hall, 11:30 AM</p> <p>Practitioners' Meeting 12:00 Noon</p>	<p>9 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p><u>Sacred Sisters Women's Group, Revs. Sue & Judith, 7:00 PM</u></p>	<p>10 Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 AM</p> <p><u>A Course in Miracles Begins, Rev. Bob, 3:30 PM</u></p> <p>SOM 102, Rev. Bob, 7:00 PM</p> <p>SOM 201, Rev. Sharon, 7:00 PM</p>	<p>11 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 PM</p>	<p>12 Raja Yoga, Tienne, 8:00 AM</p> <p>Vibrant Health through Living Foods, 12:00 Noon</p> <p>SOM 208, Rev. Judith, 2:30 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 PM</p> <p>Meditation, Rev. Pam, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>13</p> <p>"Source" Youth Group at Winter Camp January 13 - 16, 2012</p>	<p>14 <u>Meditation Retreat, Revs. Judith & Bob, 9:00 AM - 4:00 PM</u></p> <p><u>Landscape Seva Day, 8:30 AM</u></p> <p>Overeaters' Anonymous Step Study Support Group, 9:00 AM</p>
<p>15 Sunday Services, 9:00 & 10:30 AM (Revs. Judith & Bob)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p><u>Essence Class, Revs. Judith & Bob, 11:45 AM</u></p> <p>Children's Church Teachers'/Parents' Meeting, 12:00 Noon</p>	<p>16 <u>Not Letting Cancer Have You Support Group Begins, Rev. Bob, 2:00 - 3:30 PM & 7:30 - 9:00 PM</u></p> <p>Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>SOM 350, Rev. Judith, 6:30 PM</p>	<p>17 Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 AM</p> <p><u>A Course in Miracles, Rev. Bob, 3:30 PM</u></p> <p>SOM 102, Rev. Bob, 7:00 PM</p> <p><u>SOM 226 Begins, Rev. Kay, 7:00 PM</u></p>	<p>18 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 PM</p>	<p>19 Raja Yoga, Tienne, 8:00 AM</p> <p>Vibrant Health through Living Foods, 12:00 Noon</p> <p>SOM 208, Rev. Judith, 2:30 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 PM</p> <p>Meditation, Rev. Pam, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>20 <u>Karaoke Potluck Dinner with David Encore, 6:00 PM</u></p>	<p>21 "Living the Essential Self" Monthly Retreat Series, Rev. Judith, 9:00 AM - 4:00 PM</p> <p>Overeaters' Anonymous Step Study Support Group, 9:00 AM</p> <p><u>Coping with Depression Support Group Begins, Rev. Bob, 10:00 AM</u></p>
<p>22 Sunday Services, 9:00 and 10:30 AM (Revs. Bob & Judith)</p> <p>In2It Performs, 10:30 AM</p> <p><u>Beyond the Secret: A Spiritual Approach to the Law of Attraction, Seminar with Dr. Lisa Love, 12:30 - 3:30 PM</u></p> <p>"Source" Youth Group, 3:00 PM</p>	<p>23 Hatha Yoga, Rev. Sue, 5:30 PM</p>	<p>24 Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 AM</p> <p><u>A Course in Miracles, Rev. Bob, 3:30 PM</u></p> <p>SOM 226, Rev. Kay, 7:00 PM</p>	<p>25 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 PM</p>	<p>26 Raja Yoga, Tienne, 8:00 AM</p> <p>Vibrant Health through Living Foods, 12:00 Noon</p> <p>SOM 208, Rev. Judith, 2:30 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 PM</p> <p>Meditation, Rev. Pam, 6:30 PM</p> <p>HeartSangha Choir Rehearsal, 7:00 PM</p>	<p>27</p>	<p>28 Leadership Team Meeting, 12:00 Noon</p> <p>Overeaters' Anonymous Step Study Support Group, 9:00 AM</p>
<p>29 Sunday Services, 9:00 and 10:30 AM (Revs. Judith & Bob)</p> <p>Anton Mizerak Performs, 9:00 & 10:30 AM</p> <p><u>Special Events Team (SET) Meeting, 12:00 PM</u></p> <p>"Source" Youth Group, 3:00 PM</p>	<p>30 Hatha Yoga, Rev. Sue, 5:30 PM</p> <p>Board of Trustees' Meeting, 6:00 PM</p>	<p>31 Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 AM</p> <p><u>A Course in Miracles, Rev. Bob, 3:30 PM</u></p> <p><u>SOM 103 Begins, Rev. Bob, 7:00 PM</u></p> <p>SOM 226, Rev. Kay, 7:00 PM</p>	<h1>January 2012</h1>			

Recurring Events

"SOURCE" YOUTH GROUP

Meets every Sunday (except holiday weekends) from 3:00 to 5:00 PM in the Social Hall. For more information, please call Ace Clemens at 518-4503.

ESSENCE CLASS

Meets the 3rd Sunday of each month at 11:45 AM in the Sanctuary. For more information, please call Rev. Judith Churchman at 221-4849.

CHILDREN'S CHURCH TEACHERS'/PARENTS' MEETING

Meets the 3rd Sunday of each month from 12:00 to 1:00 PM in the Cottage. For more information, please call Wendi Stewart at 515-6623 or Rev. Kay Stewart at 410-9582.

SPECIAL EVENTS TEAM (SET)

Meets the 4th Sunday of each month from 12:00 to 1:00 PM in the Social Hall. For more information, please call Tara Steele at 355-4283.

SACRED SISTERS WOMEN'S GROUP

Meets the 2nd Monday of each month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Sue MillerBorn at 221-7350 or Rev. Judith Churchman at 221-4849 or 605-5982.

FAMILY FUN TIME

Meets (usually) the 1st Saturday of each month from 4:00 to 5:00 PM in the Sanctuary. For more information, please call Rev. Kay Stewart at 410-9582.



VIBRANT HEALTH THROUGH LIVING FOODS

Meets every Thursday from 12:00 to 2:00 PM in the Social Hall. Suggested donation of \$5 per person. For more information, please call Charlotte Garland at 275-2016.

HEART SANGHA CHOIR

Rehearses every Thursday (except holidays) from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir performs at the 10:30 AM service on the 1st and 3rd Sunday of each month and hosts the Social Hall on the 3rd Sunday of each month. For more information, please call Chris Johnson at 242-1214.

OVEREATERS ANONYMOUS STEP STUDY SUPPORT GROUP

Meets every Saturday from 9:00 to 10:00 AM at the Center. For more information, please call 221-4849.

LANDSCAPE TEAM SEVA DAY

Meets on the 2nd Saturday of each month from 8:30 AM to 12:00 Noon. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

Meditation and Yoga Schedule

- **HATHA YOGA**, the Yoga of postures, every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sue MillerBorn at 221-7350.
- **YOGA PLUS: Asana as a Spiritual Practice**, every Tuesday from 8:00 to 9:30 AM. Suggested donation of \$5 per person. For more information, please call Te Marie at 241-5065.
- **RAJA YOGA**, consists of breathing techniques, guided visualizations, chakra activation, and mental concentration exercises, every Thursday from 8:00 to 9:30 AM in the Meditation Pavilion. Suggested Donation of \$5. For more information, please call Tienne Beaulieu at 243-1191.
- **MEDITATION CLASS**, consists of a brief discussion, practice, time for questions/sharing and actual practice each Thursday from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 515-0347.



Affiliated Groups

- **AA** every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, call Larry Watters at 245-0837.
- **River Oak Sangha** every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.



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