

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February</h1> <h2>2012</h2>			<b>1</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 300, Rev. Mary, 6:00 - 9:00 PM	<b>2</b> Raja Yoga, Tienne, 8:00 - 9:30 AM Vibrant Health through Living Foods, 12:00 - 2:00 PM Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM Meditation, Rev. Pam, 6:30 - 8:00 PM HeartSangha Choir Rehearsal, 7:00 - 9:00 PM	<b>3</b> <u>"Vedanta Yoga"</u> <u>Workshop with Dave DeLuca, 7:00 - 9:00 PM</u>	<b>4</b> Overeaters' Anonymous Step Study Support Group, 9:00 - 10:00 AM <u>"Vedanta Yoga" Workshop with Dave DeLuca, 10:00 AM - 5:00 PM</u>
<b>5</b> Sunday Services, 9:00 & 10:30 AM (Dave DeLuca Speaking) HeartSangha Choir Performs, 10:30 AM Prospective New Members' Tea, Revs. Judith & Bob, 11:45 AM <u>"Manifesting Your Divinity" Workshop with Dave DeLuca, 12:15 - 3:15 PM</u> "Source" Youth Group Meeting, 3:00 - 5:00 PM	<b>6</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM <u>Mystic Monday Class, Rev. Sue, 7:00 - 9:00 PM</u>	<b>7</b> Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 - 9:30 AM <i>A Course in Miracles</i> , Rev. Bob, 3:30 - 5:00 PM <u>Tai Chi Easy™ Begins, Rev. Sharon, 5:30 - 6:30 PM</u> SOM 103, Rev. Bob, 7:00 - 9:30 PM	<b>8</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 300, Rev. Mary, 6:00 - 9:00 PM	<b>9</b> Raja Yoga, Tienne, 8:00 - 9:30 AM Vibrant Health through Living Foods, 12:00 - 2:00 PM Meditation, Rev. Pam, 6:30 - 8:00 PM HeartSangha Choir Rehearsal, 7:00 - 9:00 PM	<b>10</b>	<b>11</b> <u>Landscape Seva Day, 8:30 AM</u> Overeaters' Anonymous Step Study Support Group, 9:00 - 10:00 AM <u>Family Fun Time, Rev. Kay, 10:00 AM - 1:00 PM</u>
<b>Revs. Judith &amp; Bob Out of the Office</b>						
<b>12</b> Sunday Services, 9:00 & 10:30 AM (Rev. Sharon Kennedy) HeartSangha Choir Performs, 10:30 AM <u>Practitioners' Meeting, 12:00 Noon</u> "Source" Youth Group Hosts Social Hall, 11:30 AM <u>Sacred Drumming Circle with Rev. Lynn E. Fritz, 6:30 PM</u>	<b>13</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM <u>Sacred Sisters Women's Group, Rev. Sue, 7:00 - 8:30 PM</u>	<b>14</b> Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 - 9:30 AM <u>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</u>	<b>15</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 300, Rev. Mary, 6:00 - 9:00 PM	<b>16</b> Raja Yoga, Tienne, 8:00 - 9:30 AM Vibrant Health through Living Foods, 12:00 - 2:00 PM Meditation, Rev. Pam, 6:30 - 8:00 PM HeartSangha Choir Rehearsal, 7:00 - 9:00 PM	<b>17</b>	<b>18</b> Overeaters' Anonymous Step Study Support Group, 9:00 - 10:00 AM <u>Coping with Depression Support Group, Rev. Bob, 10:00 AM - 12:00 Noon</u>
<b>Revs. Judith Churchman &amp; Bob Luckin Out of the Office: February 8 - 17, 2012</b> <b>Used Book Sale: February 12 - 19, 2012</b>						
<b>19</b> Sunday Services, 9:00 & 10:30 AM (Revs. Bob & Judith) David Encore Performs, 10:30 AM <u>Essence Class, Revs. Judith &amp; Bob, 11:45 AM</u> <u>Children's Church Teachers'/Parents' Meeting, 12:00 Noon</u>	<b>20</b> Office/Bookstore Closed for Presidents' Day <u>Cancer and the Transformation Process Support Group, Rev. Bob &amp; Kathleen Patton, 3:00 - 5:00 PM</u> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 350, Rev. Judith, 6:30 - 9:30 PM	<b>21</b> Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 - 9:30 AM <i>A Course in Miracles</i> , Rev. Bob, 3:30 - 5:00 PM <u>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</u> SOM 103, Rev. Bob, 7:00 - 9:30 PM	<b>22</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 300, Rev. Mary, 6:00 - 9:00 PM	<b>23</b> Raja Yoga, Tienne, 8:00 - 9:30 AM Vibrant Health through Living Foods, 12:00 - 2:00 PM <u>SOM 207 Begins, Rev. Judith, 2:30 - 5:00 PM</u> Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM Meditation, Rev. Pam, 6:30 - 8:00 PM HeartSangha Choir Rehearsal, 7:00 - 9:00 PM	<b>24</b>	<b>25</b> <u>"Living the Essential Self" Monthly Retreat Series, Rev. Judith, 9:00 AM - 4:00 PM</u> Overeaters' Anonymous Step Study Support Group, 9:00 - 10:00 AM
<b>26</b> Sunday Services, 9:00 & 10:30 AM (Revs. Judith & Bob) Dwain Briggs Performs, 10:30 AM <u>Special Events Team (SET) Meeting, 12:00 PM</u> <u>Dwain Briggs in Concert, 12:30 PM</u> "Source" Youth Group Meeting, 3:00 - 5:00 PM	<b>27</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM <u>Board of Trustees' Meeting, 6:00 PM</u>	<b>28</b> Yoga Plus: Asana as a Spiritual Practice, Te Marie, 8:00 - 9:30 AM <i>A Course in Miracles</i> , Rev. Bob, 3:30 - 5:00 PM <u>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</u> SOM 103, Rev. Bob, 7:00 - 9:30 PM	<b>29</b> Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM SOM 300, Rev. Mary, 6:00 - 9:00 PM			

# Recurring Events

## "SOURCE" YOUTH GROUP

Meets every Sunday (except holiday weekends) from 3:00 to 5:00 PM in the Social Hall. For more information, please call Ace Clemens at 518-4503.

## ESSENCE CLASS

Meets the 3rd Sunday of each month at 11:45 AM in the Sanctuary. For more information, please call Rev. Judith Churchman at 221-4849.

## CHILDREN'S CHURCH TEACHERS'/PARENTS' MEETING

Meets the 3rd Sunday of each month from 12:00 to 1:00 PM in the Cottage. For more information, please call Rev. Kay Stewart at 410-9582.

## SPECIAL EVENTS TEAM (SET)

Meets the 4th Sunday of each month from 12:00 to 1:00 PM in the Social Hall. For more information, please call Tara Steele at 355-4283.

## SACRED SISTERS WOMEN'S GROUP

Meets the 2nd Monday of each month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Judith Churchman at 221-4849 or 605-5982 or Rev. Sue MillerBorn at 221-7350.

## FAMILY FUN TIME

Meets (usually) the 1st Saturday of each month from 4:00 to 5:00 PM in the Sanctuary. For more information, please call Rev. Kay Stewart at 410-9582.



## VIBRANT HEALTH THROUGH LIVING FOODS

Meets every Thursday from 12:00 to 2:00 PM in the Social Hall. Suggested donation of \$5 per person. For more information, please call Charlotte Garland at 275-2016.

## HEART SANGHA CHOIR

Rehearses every Thursday (except holidays) from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir performs at the 10:30 AM service on the 1st and 3rd Sunday of each month and hosts the Social Hall on the 3rd Sunday of each month. For more information, please call Chris Johnson at 242-1214.

## OVEREATERS ANONYMOUS STEP STUDY SUPPORT GROUP

Meets every Saturday from 9:00 to 10:00 AM at the Center. For more information, please call 221-4849.

## LANDSCAPE TEAM SEVA DAY

Meets on the 2nd Saturday of each month from 8:30 AM to 12:00 Noon. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

## HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

## *Meditation and Yoga Schedule*

- **HATHA YOGA**, the Yoga of postures, every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sue MillerBorn at 221-7350.
- **YOGA PLUS: Asana as a Spiritual Practice**, every Tuesday from 8:00 to 9:30 AM. Suggested donation of \$5.00 per person. For more information, please call Te Marie at 241-5065.
- **TAI CHI EASY™**, a simple medical Qigong called Bu Zheng Qigong (Enhance Function Qigong) and a modification of traditional Tai Chi, every Tuesday from 5:30 to 6:30 PM. \$5.00 per person. For more information, please call Rev. Sharon Kennedy at 222-0609.
- **RAJA YOGA**, consists of breathing techniques, guided visualizations, chakra activation, and mental concentration exercises, every Thursday from 8:00 to 9:30 AM in the Meditation Pavilion. Suggested Donation of \$5. For more information, please call Tienne Beaulieu at 243-1191.
- **MEDITATION CLASS**, consists of a brief discussion, practice, time for questions/sharing and actual practice each Thursday from 6:30 to 8:00 PM. For more information, please call Rev. Pam Sanchez at 515-0347.



## *Affiliated Groups*

- **AA** every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, call Larry Watters at 245-0837.
- **River Oak Sangha** every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.

