

May 2012 Sunday Services

May 6

Terry McBride
9:00 & 10:30 ~ The Mystical
History of Science of Mind

May 13

Revs. Bob Luckin and
Judith Churchman
9:00 & 10:30 ~ The Power
of Forgiveness

May 20

Rev. Bob Luckin
9:00 & 10:30 ~ Dropping the
Layers of Insulation

May 27

Revs. Bob Luckin and
Judith Churchman
9:00 & 10:30 ~ The
Treasure within Despair

TRANSFORMATION AFFIRMATION



Love and light,
truth and transformation

Healing and harmony,
across the nation

Compassion and conviction,
are the tools for my mission

I open my eyes,
to see with inner vision

Peace and blessings,
be unto humanity

The change begins within,
the change begins with me!



Pastors' Message

Outer Life

We believe the ultimate goal of life to be a complete emancipation from all discord of every nature, and that this goal is sure to be attained by all.

Parting is Such Sweet Sorrow

This is our opportunity to bid you all farewell, as we leave in June to enjoy our new adventure of retirement or re-wirement. We will be living in the Ft. Lauderdale, Florida, area where we have family and grandchildren. This is the place where we met and married twenty-five years ago, so it will be a homecoming of sorts. It has been a joy and a pleasure to have served as your pastors these past almost four years. Living in Redding has been an adventure and a delight we will always remember.

Bob and I have been blessed by your participation at the Center in whatever capacity you have chosen. It has been an exchange of the energy of love. By allowing us to minister to you, you have blessed us. Please know we will miss you and all the good times we had. Love is the one thing we take with us on our journey, so we take your love with us.

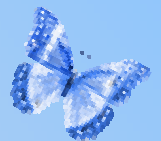
Your talented team of ministers, who have served as assistant and staff ministers, will step up their activities to fill our place. Rev. Sue MillerBorn and Rev. Mary Mitchell, who have been serving as Assistant Ministers, will step up and become your interim Co-Pastors. Your three staff ministers, Rev. Sharon Kennedy, Rev. Pam Sanchez, and Rev. Kay Stewart, will support them as needed with Sunday talks and classes. You are in good hands, spiritually.

The Board of Trustees of the Center will continue with their duties to ensure the Center operates successfully. It will begin a careful and thoughtful process of examining and clarifying the values and vision of this Center. This process could take up to a year. Some time in this year they will form a Candidating Committee. It's job will be to review and interview candidates from our Center for Spiritual Living's field of ministers and present finalists for our members to vote on and choose your next pastor(s). Rev. Mary and Rev. Sue may choose to be considered for the position permanently (individually or jointly) at that time.

In the meantime, please continue to support the Center with your presence, your financial good, and your love. Bob and I are just a phone call or an email away (judithchurchman@gmail.com and bobinluck@yahoo.com). Please stay in touch.

Knowing you are always blessed,

Judith and Bob





**SO LONG! FAREWELL!
AUF WEIDERSEHN! GOOD-BYE!**

Yes, our very special administrative assistant/special events coordinator, Lorie, is following her dream of moving to Bellingham, Washington. Her first day is May 1st. We will miss Lorie very much. Good luck, Lorie!



**WELCOME!
Tara Steele Joins Our Office Staff!**

Congratulations to Tara Steele who'll be our new Administrative Assistant in the office! We look forward to working with her!

DVD of the CONSTRUCTION of the CENTER

\$10.00 per DVD



Sherry Miller is now in possession of the DVD of the construction of our Center in 1989 which took 90 days to complete. It starts with the bulldozer out on Hartnell, including sound, and ends with the completion of the first phase. If you would like to purchase one, please pay for it at the Board Desk on Sundays or in the office during the week. We'll contact you when it's ready to pick up!

ENDOWMENT FUND GRANTS UP TO \$4000 IN 2012!



Thanks to the many, many folks who have donated money, stocks, and other investment donations, as well as money from their piggy banks, our Endowment Fund is able to award grants to worthy Center-related projects of up to \$4000 this year – WOW! A grant proposal

application packet is available at the Information Desk or Center office. The grant proposals need to be turned in no later than May 1 and will be awarded in June.

PEACE PRACTICE ~ MAY 2012

"Life must blossom like a flower offering itself to the Divine."

Inspired words from The Mother, wife of Sri Aurobindo



This month practice peace by spending time reflecting on the beauty of the flowers that blossom in the spring. Linger a bit longer on your walks to take in the color and fragrance of the flowers.

Put yourself in communion with Nature and be aware of the consciousness there. See the Divine quality of Light being expressed. Notice when the sun sets that the plants take on a different energy. I invite you to take a walk on our grounds to witness the offering of love from our Landscape Seva Team as they have created beauty on your path at every turn. As you make your pilgrimage through the flowers, learn to be silent so you can hear them.

Peace be with you,

Rev. Sue Miller Born

GET YOUR SEASON TICKET!



Did you get your invitation yet for your 2012 "Season Ticket" to all the wonderful offerings of the Center for Spiritual Living in Redding for the next twelve months? This year we are designating the month of May as our campaign month for our Conscious

Giving for Spiritual Living Stewardship Program. Of course, "Get Your Season Ticket" is simply a fun title for our on-going Conscious Giving program. It is our goal to increase both the number of individuals participating in the program and the amount pledged. We are inviting you to consider joining or continuing to participate in this conscious giving program. Pledging of your time, your talent, and your treasure is an important aspect of your spiritual life. Pledging your treasure is important for our wise management of the Center's resources. This is a completely flexible program where individuals may alter the amount of their pledge at any time. Just fill out the slip at the bottom of the Season Ticket and turn it into the office or put it in the offering plate during the month of May. Be sure to include your pledge number if you are already signed up for the program. If you are new to the program, you will be assigned a number. When possible, please write this number on your checks made to the Center. You are invited to partake of all the Center's offerings, whether you "buy your season ticket" or not. We are here to assist everyone in awakening to their spiritual magnificence!

KIDS' KORNER



There is something magical and sincere when children share their truth. Their responses to our questions are unfiltered. We are teaching the children that God is the Love, Life, Truth, Beauty, Light, Peace, and Power that is everywhere present. We have named our program the School of Light. Please encourage your child to come every week so he/she create a bond of friendship with the teachers and other like-minded children. Every week we build on the Principles of Science of Mind.

During the month of May, our topics will align with the Pastor's Sunday lessons and they are inspired from the book *Diamond in Your Pocket* by Gangaji. We adapt these ideas to teach the children similar concepts of truth.

During the month of May our theme will be "OUTER LIFE"

May 6th ~ "Taking Responsibility"

May 13th ~ "The Power of Forgiveness"

May 20th ~ "Untying the Knots of Feelings"

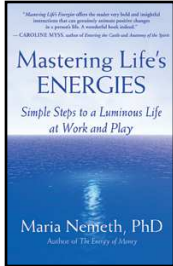
May 27th ~ **Memorial Day Weekend** ~ "The Treasure of an Open Heart"

WAYFARER BOOKSTORE MAY SPECIALS

Come experience the treasures and gifts just waiting to be found, including statues, wall hangings, incense, and other exciting spiritual items.

May's "Book of the Month!"

This month's book is *Mastering Life's Energies: Simple Steps to a Luminous Life at Work and Play* by Maria Nemeth, PhD and here's the description:

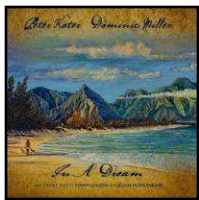


"Would it be alright if life got easier? Everyone has had luminous moments - those instances when we experience the beauty and grace of life, whether we're looking into the eyes of a newborn or watching the sun set over the ocean. But those moments are usually brief and difficult to consciously create. Too often we miss the purpose of being alive: to wake up and fully become ourselves, to allow others to contribute to us and, in turn, to contribute our gifts to the world - fully savoring the journey along the way. This fascinating book gives us specific methods for bringing luminosity into our lives on a consistent basis, allowing us to view the world with much younger, more vibrant eyes. It shows us how to use all the energies of our lives - physical vitality, creativity, time, money, enjoyment, and relationship - to realize our goals and dreams and, even more important, live a luminous life, filled with possibility and promise."

This book will be on sale for **15% off** while supplies last.

May's "CD of the Month!"

In a Dream by Peter Kater and Dominic Miller with special guests Kenny Loggins and Jaques Morelenbaum.



"Something very magical happened when Dominic flew to southern California to record with Peter at his studio. Their instruments, their melodies, their muse...blended as one...day after day, song after song. The borders between guitar and piano; classical and jazz; the simple and complex became transparent and something beautifully unique was created. Jaques soulful cello fueled the flame brighter and Kenny's lush vocal beds breathed even more life into these stunning song. Every once in a long while comes a recording that wasn't created in the light of day or the dark of night, but only...*In a Dream*."

This CD will be on sale for **15% off** while supplies last.

Be sure to check the Clearance Rack, too!

AFFIRMATIVE PRAYER REQUEST



If you would like to receive treatment from one of our Practitioners, please fill out an Affirmative Prayer Request at the Information Desk and put it in the yellow box. A spiritual mind treatment will be done for you right away!

PROSPECTIVE NEW MEMBERS TEA

Sunday, May 6, 2012

11:45 AM



If you love the Center for Spiritual Living and want to stand in deep support of our efforts, we invite you to become a member. Members commit to support the Center with their time - attending on Sundays as often as possible and their talent - volunteering a minimum one hour per month in some way. These gifts are like refreshing rain to our community, bringing vital energy and love into a deep expression. Revs. Judith Churchman and Bob Luckin will be present to provide information and answer questions. The meeting will take place in the Meditation Pavilion right after the 10:30 AM Service.

TAKING CONTROL of YOUR CREATIVE MIND

Workshop with Terry McBride

Sunday, May 6, 2012

6:30 to 9:30 PM

\$25.00 per Person



Bring a friend and come hear Terry McBride speak at our 9:00 and 10:30 AM services. His topic will be "The Mystical History of Science of Mind." Then he will lead a workshop at 6:30 PM that will give you the simple tools that will allow you to become the creator of your own destiny. For thousands of years various mystical organizations and teachings have taught that the mind, when developed enough, can create material representations in form. Ernest Holmes states, "It certainly follows that if you are to make practical use of Science of Mind you must be able to convert thoughts into things, and by changing your stream of consciousness produce a corresponding change in an objective situation." What he is saying is that you are powerful beyond measure (page 169 of *Living the Science of Mind*, "...therefore you may know that everything you do, say, or think carries with it a Divine Authority.") You really can take charge of your thoughts, actions, feelings and beliefs, and in doing so take charge of your creative mind. And it is not as difficult as some would have you believe. Terry created health when in the beginning he did not think it was possible to create the perfect health he wanted. For more information about Terry, visit his website at www.terrymcbride.net.

CONTEMPLATIONS4U



Contemplations4U is a free internet subscription service offered by the Center. Subscribers will receive a daily inspirational quote sent to their e-mail address. To subscribe, go to the "Communications" page on our website and type in your email address at the bottom of the page. A confirmation email will be sent to your email address; then, follow the steps to subscribe! <http://csredding.org/comm.html>

MYSTIC MONDAY
"Honoring Mother Teresa"
With Rev. Sue MillerBorn

Monday, May 7, 2012

7:00 to 9:00 PM

Suggested Donation of \$10 per Person

"Works of love are works of Peace."

Mother Teresa of Calcutta



This month we will explore the life and wisdom of Mother Teresa.

She represents one of our modern day mystics who invites us to remember the power of prayer and the sacred duty of serving humanity. She is a beloved teacher to many and though some of her work was meant to be instructions for her order, it has become a source of spiritual guidance and encouragement that ultimately draws us all closer to God. Please join us for an evening of inspired wisdom. Contact Rev. Sue MillerBorn at 221-7350 with any questions.

SACRED SISTERS WOMEN'S GROUP

With Rev. Sue MillerBorn

Monday, May 14, 2012

7:00 to 8:30 PM

"Women in groups of three have been significant throughout the ages in the art of female spirituality. For the ancient Greeks, all life was like a thread spun by a sacred female trio. One goddess spun the thread, one measured it out and one chose when to break it off."

From the book Create Your Own Goddess



This month the Sacred Sisters will create the image of the Sacred Trio in honor of the three ages of woman. You will want to know more about this, so join us as we explore the art of female spirituality. Bring a friend to share the evening with us. We look forward to seeing you. Please call Rev. Sue MillerBorn at 221-7350 with any questions.

SPRING BOUNTY "MEXICAN FIESTA"

DINNER, DANCE & RAFFLE

Friday, May 18, 2012

6:00 to 10:00 PM

\$15.00 per Person (includes 5 raffle tickets!)



Join in on this fun-filled event that will feature magnificent Mexican food, time to visit with friends, dancing AND the chance to be the recipient of great raffle items that night!

Seva Opportunities

COME PLAY and SERVE!

One of the best ways to get to know our community is to participate on a Seva team. Each team welcomes people to join them, whether once or ongoing. If you would like to participate on one of our many teams, please call **Diana Woolfstead, Seva Coordinator**, at 246-1017.

AUDIO/VIDEO TEAM INVITING VOLUNTEERS

Learn how to operate the sound board and help set up for concerts and special events. Contact Roger Gray at 241-2432.

CHILDREN ARE OUR TEACHERS

Our members are invited to be in service to our parents by helping with the children's church on Sunday. This enables single parents who treasure the inspiration of the Sunday service to have that special time. To serve in this way, please contact Rev. Kay Stewart at 410-9582.

CLEANING TEAM INVITING VOLUNTEERS

If you have two hours a month to help keep the Center sparkling, the Cleaning Team invites you to be on their crew. Team members clean on any day of the week, once a month, that suits their individual schedules. Call Sherry Miller at 223-3452 to join and, of course, all the usual benefits apply!

OFFICE SEVA OPPORTUNITIES

Share your time helping in the Center's Office for four hours one day a week. Interested? Call Sylvia Kunz or Tara Steele at 221-4849.

PUBLICITY SEVA VOLUNTEERS

Do you drive to Palo Cedro, Red Bluff or other outside areas of Redding? The Publicity Team is looking for a few special volunteers to post publicity flyers. We're also looking for someone to send out press releases and public service announcements. Interested? Call Pam Brady-White at 604-1842.

WAYFARER BOOKSTORE VOLUNTEERS

Book lovers! The Wayfarer Bookstore has openings for new volunteers with a passion for knowledge and helping those looking for the perfect book. Contact Sylvia Kunz at 221-4849.

PERU SPIRITUAL RETREATS

"Yoga and Mysticism of the Andes"

SACRED VALLEY
June 15 - 22, 2012



LAKE TITIKAKA
June 22 - 29, 2012

Donna Jackson, Certified Yoga Instructor & Retreat Facilitator

(530) 921-6396

www.EasyHealingYoga.com

EasyHealingYoga@gmail.com



ESSENCE CLASS

With Rev. Bob Luckin

Sunday, May 20, 2012

11:45 AM

Rev. Bob will share the history of Centers for Spiritual Living and our Center, information about the Science of Mind and answer any questions you may have.



SACRED DRUMMING CIRCLE

At Park Marina Pond

With Rev. Lynn E. Fritz,

Karuk Tribal Descendent

Monday, May 20, 2012

6:00 to 7:00 PM

Suggested Donation of \$5.00 per Person

Drumming represents the heart beat of life, the rhythm of nature. Drum together in community, move in synchronicity, and attune to the Great Spirit. Come to experience the spiritual practice of drumming to create community and wellness! Please bring your own drum, any percussion instrument or clap your hands. Children 12 years and older are welcome but must be supervised by parents and able to participate in the practice. Call 243-8862 or visit www.lynnfritz.com.

FLOATING of the LANTERNS

At Park Marina Pond

Sunday, May 20, 2012 at 7:30 PM

\$20.00 to Sponsor a Lantern



Fashioned after the Buddhist Peace Practice of Hawaii held each Memorial Day weekend in Honolulu, this mindfulness practice focuses attention and energies on connecting inner wisdom with daily living and creating a nonviolent, peaceful world. Join in as the candle-lit

peace lanterns are floated onto Park Marina Pond at dusk in a ceremony of reverence for peace. Each lantern carries a prayer of peace from one of eight different faith paths or one inspirational quote from Dr. Martin Luther King, Jr. This event is designed to promote a consciousness toward peace-making ideals. The evening will commence with a traditional Sikh buffet provided by The Sikh Centre, Anderson. The lantern float begins at 8:30 PM on Park Marina Pond behind River Inn, Redding. The event will include food, music, silence, reading of peace prayers by members of the Shasta County Interfaith Forum and observance of the floating of the lanterns. The event is open to the public of all ages but minors must be accompanied by an adult. Those in attendance must park at the Bloodsource parking lot or along Park Marina Drive and walk across the street to the boat ramp behind River Inn. Those in attendance must bring their own lawn chair, a bottle of water and \$5 per person donation is recommended. For more information or to sponsor a peace lantern, please call 243-8862 or 221-4849 or visit www.lynnfritz.com or www.cslredding.org.



OFFICE/BOOKSTORE CLOSED

Monday, May 28, 2012

Memorial Day

GOOD NEWS!



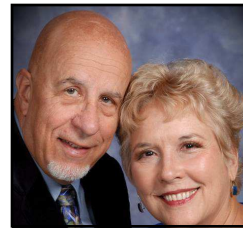
The Board of Trustees has approved the Ministerial Team's proposal to have Rev. Mary Mitchell and Rev. Sue MillerBorn be the interim Co-Pastors starting Friday, June 1, 2012, with other staff ministers assisting as needed with classes, services, and seva. The Center will take its time and begin the candidating process for the congregation to select the next pastor(s) when the time is right. At that time, should Rev. Mary and/or Rev. Sue want to be considered for the position, they may do so jointly or individually.



FAREWELL PARTY for REVS. BOB & JUDITH

SATURDAY, JUNE 2, 2012

7:00 to 9:30 PM



Join us for an evening of music and wine/ beverages and goodies as we come together in community for a farewell party for Rev. Bob and Rev. Judith as we toast their retirement. Please come to say your good-byes. There will be a money tree and blessing cards to send them off with

a gift of your love and support as they enter this exciting stage of their lives. If you would like to bring wine or a finger food tray, please contact Sylvia at the office with your intentions. Please call Rev. Sue MillerBorn at 221-7350 or Sylvia at the office 221-4849 with any questions.

ANNUAL FAMILY CAMPING TRIP to

PATRICK'S POINT STATE PARK

June 7 - 10, 2012

\$75.00 per Adult;

\$35.00 per Child ages 5 to 12

Great news! The Center has been successful in securing the group campsite at Patrick's Point! This has always been an amazing getaway for all with ocean breezes, a campfire, and songs, to mention a few of my favorite things. If you know you want to come, sign up now. **This is the last year group campsites will be available at Patrick's Point so let's make this the biggest campout in CSL history!**



CSLR on FACEBOOK!



If you are on Facebook, look for the Center's Facebook page where we offer a daily message of encouragement. Just search for Center for Spiritual Living, Redding.

SPIRIT-U ~ "EXPLORING the SERMON on the MOUNT"

Inspired by the Wisdom of Emmet Fox

With Rev. Sue MillerBorn

Wednesdays, Beginning June 6, 2012

7:00 to 8:30 PM

\$10.00 Suggested Donation per Person



Emmet Fox is a philosopher and spiritual teacher that brings to life the teachings of the Bible from a metaphysical point of view. Please join us for this summer program on Wednesday nights through June as we explore another view of the nature of divine wisdom and the power of prayer.

SPIRIT-U ~ LIVING OUT LOUD:

WEDNESDAY INTERACTIVE SERVICE

With Rev. Kay Stewart

Wednesdays, Beginning June 6, 2012

7:00 to 8:30 PM

Love Offerings Appreciated



Intent without action gets us nowhere, but how do we put the principles into every day action that allows us to be living rather than reacting to life around us? Sometimes the hardest part of "walking our talk" isn't figuring out what to do but how we want to be! When we quit trying to fix the problems and start being who we have come here to be, a whole new world opens up to us. Living Out Loud is focusing on being in the world in a new way. There will be a variety of activities and talks that gently guide us into being who we have come here to be. This will be a simple service and workshop. We invite you to attend!

SPIRIT-U ~ MEDITATION CLASSES

With Rev. Pam Sanchez

Thursdays, Beginning June 7, 2012

6:30 to 8:00 PM

Love Offerings Appreciated



Meditation Classes this summer will have a special focus for each month. June's theme is "Meditation on the Path of Devotion" and will focus on the practices of using sacred scripture and chanting as the entry to meditation. In July and August we'll focus on other techniques for entering meditation. More details to come in next month's newsletter!

SOCIAL HALL SEVA



seva

The Center is requesting Seva Helpers for Sunday Kitchen Hospitality. The seva would include coffee and tea set up, setting out food and cleaning up. Please sign up at the Board Desk if you are interested in serving the Center in this way.



SPIRIT-U ~ PROSPERITY PLUS:

A NEW WAY OF LIVING

With Rev. Mary Mitchell

Mondays, June 14 - August 16, 2012

7:00 to 9:00 PM

\$60 for Student Materials +

An Experiment in Tithing

This 10-week course will change your life! It features video presentations by Mary Manin Morrissey.

You Will Discover:

- Strategies for positive living "beyond the news" – even in uncertain times
- Ways to open yourself to a greater flow of good
- How to generate thoughts and choices that lead to new results in life
- Tools for living each day from a state of abundance and prosperity

You Will Receive:

- Your own Prosperity Plus Guide that includes a course workbook and audio CDs for each class

"SOURCE" YOUTH GROUP FUNDRAISER



The Center's Youth Group will be holding another fundraiser in to raise money to attend Summer Seminar (Camp). On **Sunday, June 24th**, the Youth Group will have a car wash for just \$20.00 per vehicle! Summer Seminar lasts one week, almost twice as long as Winter Camp and costs anywhere from \$600 to \$800 plus airfare per youth group member and advisor. Therefore, to assist our teens in what is always a life-changing experience, save the date above! Join in Please showing our teens how much we love and appreciate them!

"IN THE QUIETNESS OF THE SOUL"~A Retreat for Women

At the Ananda Expanding Light Retreat Center

In Nevada City, California

With Rev. Sue MillerBorn

October 12 - 14, 2012

\$335.00 per Woman (includes lodging and 6 meals)



We have had a wonderful response to our retreat intentions this year! The Center has paid our deposit and secured the grounds. Please contact Sylvia in the office at 221-4849 if you'd like to have your name added to the waiting list.

CREATIVE THOUGHT MAGAZINES NEEDED



Please drop off your used copies of Creative Thought Magazine to be used in our Friendship Packets.


DESIGNATED PARKING ~ We now have designated parking in the South parking area. These slots are lined in green and are reserved primarily for anyone with difficulty walking and also for large families.



COMING IN 2012!

Save the dates of these wonderful events coming to the Center!
Patrick's Point Family Camping Trip—**June 7-10**
"Source" Youth Group Car Wash—**June 24, 2012**
Dance with David "Encore"—**July 13**
Day of Healing—**August 11**
Friday Night at the Movies—**August 18**
Endowment Fund Recognition—**August 25, 2012**
Family Retreat—**August 30 – September 1**
Dance with David "Encore"—**September 7**
Parking Lot Sale—**September 14 & 15**
International Day of Peace Ceremony/Service—**September 21**
Used Book Sale—**October 7-14**
"In the Quietness of the Soul" Women's Retreat—**October 12-14**
Leadership Team Meeting—**October 20, 2012**
Piggy Reunion—**October 21, 2012**
Harvest Magic Dinner, Auction and Raffle—**October 27**
Friday Night at the Movies—**November 2**
Practical Mystics' Retreat—**November 17**
Thanksgiving Eve Taize Service—**November 21**
Holiday Craft Faire—**December 2**
Candle Lighting Service—**December 21**
World Peace Meditation—**December 31**
New Year's Eve Potluck Dinner and Dance—**December 31**

GOOD SEARCH / SHOP / DINING

 The Center has another way for its friends and members to generate easy income. It's called GoodSearch and GoodShop! Our organization is up and running on these two sites:


GoodSearch.com - The search engine with a unique social mission. Each time you search, GoodSearch makes a donation to your cause (the Center)!

GoodShop.com - The new online marketplace that donates a percentage of your purchase to the nonprofit or school of your choice.

GoodDining.com - Earn up to a 6% donation on every dollar you spend when you register a debit or credit card and dine in or take out at over 10,000 restaurants across the United States.

Just go to www.goodsop.com and download the GoodSearch & GoodShop Toolbar. The GoodSearch Toolbar works with your browser to ensure that your cause earns money every time you shop and search, even if you skip coming to GoodShop or GoodSearch first!

NEWSLETTER SPONSORSHIPS

 Get your business card in the Awareness for \$30 per month! Reach over 500 households each month both electronically and by mail.

Forms are at the Information Desk. It's easy!

PRACTITIONERS and TREATMENT



Our Professional Prayer Practitioners are available to meet with you, either in person or by phone, for affirmative prayer to improve your life. Personal sessions usually last about a half hour for a fee of \$35.00. Our intern practitioners offer this service at no charge and welcome your prayer treatment requests. Contact information is on the back of the newsletter and in our brochure *Guide to Practitioner Services* on the wall at the back of the Sanctuary. You can learn about our prayer practitioners at our website under the "Our Team" tab.



SUGGESTION BOX at the BOARD DESK

If you have an idea and aren't sure who to share it with, drop a note in the Suggestion Box at the Information Desk. Appreciations are welcomed, too!



SUNDAY TALKS ON MONDAY TV

Reinforce the power of a Sunday message by watching it on Mondays at 7:30 PM on Charter Cable Channel 11.

MY NEW DAWN



Done, done, done is the day
Put with my treasures, safely away
Gone, gone, gone is my past
Buried in deep earth, buried at last
Give me a new song, one with great joy
Give me a new heart, that none can destroy
Wake me with gladness, rock me with love
Shelter me always, beautiful dove
Spirit of new birth, spirit of power
Come, Spirit, enter this hour
Never forsake me, never let go

I am your daughter,
Let your light show.

© Allison Stormwolf

BUTTERFLY DREAMS



How I long to squeeze my being from this cloying, dead cocoon, wet and squashed, into the sun. There I'll rest while gentle heat dries my ugly, crumpled form, lie until the change complete. Slowly, as my wings unfold brilliant colors are exposed, vibrant shades of blue and gold. Then I'll stretch my wings to fly, flutter upward to the light. Off into the azure sky, how I yearn for that delight! Never to return or care for empty shell still hanging there. Born anew from what was dead, floating on in summer air, jeweled, gossamer wings are spread. Free at last to swoop and dive, metamorphosis complete. Joyfully and SO alive.

© Alison Stormwolf

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|--|---|--|--|---|
| <h1>May</h1> <h1>2012</h1> | | <p>1 Yoga Plus: Asana as a Spiritual Practice, T Marie, 8:00 - 9:30 AM</p> <p><i>A Course in Miracles</i>, Rev. Bob, 3:30 - 5:00 PM</p> <p>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</p> <p>SOM 104, Rev. Bob, 7:00 - 9:30 PM</p> | <p>2 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> <p>SOM 231, Rev. Sue, 7:00 - 9:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 - 9:00 PM</p> | <p>3 Raja Yoga, Tienne, 8:00 - 9:30 AM</p> <p>Vibrant Health, Living Foods, 12:00 - 2:00 PM</p> <p>SOM 207, Rev. Judith, 3:30 - 6:00 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM</p> <p><i>The Presence Process</i> Meditation Class, Rev. Pam, 6:30 - 8:00 PM</p> <p>Choir Rehearsal, 7:00 - 9:00 PM</p> | <p>4</p> | <p>5</p> |
| <p>6 Sunday Services, 9:00 & 10:30 AM (Terry McBride Speaking)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p>Prospective New Members' Tea, Revs. Judith & Bob, 11:45 AM</p> <p>"Source" Youth Group Meeting, 3:00 - 5:00 PM</p> <p><u>"Taking Control of Your Creative Mind" Workshop, Terry McBride, 6:30 - 9:30 PM</u></p> | <p>7 Cancer and the Transformation Process Support Group, Rev. Bob & Kathleen Patton, 3:00 - 5:00 PM</p> <p>Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> <p><u>Mystic Monday, Rev. Sue, 7:00 - 9:00 PM</u></p> | <p>8 Yoga Plus: Asana as a Spiritual Practice, T Marie, 8:00 - 9:30 AM</p> <p><i>A Course in Miracles</i>, Rev. Bob, 3:30 - 5:00 PM</p> <p>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</p> <p>SOM 104, Rev. Bob, 7:00 - 9:30 PM</p> | <p>9 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> <p>SOM 231, Rev. Sue, 7:00 - 9:30 PM</p> <p>SOM 300, Rev. Mary, 6:00 - 9:00 PM</p> | <p>10 Raja Yoga, Tienne, 8:00 - 9:30 AM</p> <p>Vibrant Health, Living Foods, 12:00 - 2:00 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM</p> <p><i>The Presence Process</i> Meditation Class, Rev. Pam, 6:30 - 8:00 PM</p> <p>Choir Rehearsal, 7:00 - 9:00 PM</p> | <p>11</p> | <p>12 Landscape Seva Day, 8:30 AM</p> |
| <p>13 Sunday Services, 9:00 & 10:30 AM (Revs. Bob and Judith)</p> <p>Diana Bordeaux and Chris Johnson Perform, 10:30 AM</p> <p>Practitioners' Meeting, 12:00 Noon</p> <p>"Source" Youth Group Meeting, 3:00 - 5:00 PM</p> | <p>14 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> <p><u>Sacred Sisters Women's Group, Rev. Sue, 7:00 - 8:30 PM</u></p> | <p>15 Yoga Plus: Asana as a Spiritual Practice, T Marie, 8:00 - 9:30 AM</p> <p><i>A Course in Miracles</i>, Rev. Bob, 3:30 - 5:00 PM</p> <p>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</p> <p>SOM 104, Rev. Bob, 7:00 - 9:30 PM</p> | <p>16 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> | <p>17 Raja Yoga, Tienne, 8:00 - 9:30 AM</p> <p>Vibrant Health, Living Foods, 12:00 - 2:00 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM</p> <p><i>The Presence Process</i> Meditation Class, Rev. Pam, 6:30-8:00 PM</p> <p>Choir Rehearsal, 7:00 - 9:00 PM</p> | <p>18 <u>Spring Bounty Dinner, Dance and Raffle, 6:00 - 10:00 PM</u></p> | <p>19 Coping with Depression Support Group, Rev. Bob, 10:00 AM - 12:00 Noon</p> |
| <p>20 Sunday Services, 9:00 & 10:30 AM (Rev. Bob)</p> <p>HeartSangha Choir Performs, 10:30 AM</p> <p>Essence Class, Rev. Bob, 11:45 AM</p> <p>"Source" Youth Group Meeting, 3:00 - 5:00 PM</p> <p><u>Drumming Circle, Park Marina Pond, 6:00 PM</u></p> <p><u>Floating of the Lanterns, Park Marina Pond, 7:30 PM</u></p> | <p>21 Cancer and the Transformation Process Support Group, Rev. Bob & Kathleen Patton, 3:00 - 5:00 PM</p> <p>Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> | <p>22 Yoga Plus: Asana as a Spiritual Practice, T Marie, 8:00 - 9:30 AM</p> <p><i>A Course in Miracles</i>, Rev. Bob, 3:30 - 5:00 PM</p> <p>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</p> | <p>23 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> | <p>24 Raja Yoga, Tienne, 8:00 - 9:30 AM</p> <p>Vibrant Health, Living Foods, 12:00 - 2:00 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM</p> <p>Meditation Class, Rev. Pam, 6:30-8:00 PM</p> | <p>25</p> | <p>26 "Living the Essential Self" Monthly Retreat Series, Rev. Judith, 9:00 AM - 4:00 PM</p> |
| <p>27 Sunday Services, 9:00 & 10:30 AM (Revs. Bob and Judith)</p> <p>David "Encore" Performs, 10:30 AM</p> <p>Special Events Team Meeting, 12:00 Noon</p> | <p>28 Office and Bookstore Closed for Memorial Day</p> <p>Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> | <p>29 Yoga Plus: Asana as a Spiritual Practice, T Marie, 8:00 - 9:30 AM</p> <p><i>A Course in Miracles</i>, Rev. Bob, 3:30 - 5:00 PM</p> <p>Tai Chi Easy™, Rev. Sharon, 5:30 - 6:30 PM</p> <p>Board of Trustees' Meeting, 6:30 PM</p> | <p>30 Hatha Yoga, Rev. Sue, 5:30 - 6:45 PM</p> | <p>31 Raja Yoga, Tienne, 8:00 - 9:30 AM</p> <p>Vibrant Health, Living Foods, 12:00 - 2:00 PM</p> <p>Creative Living, Revs. Judith & Bob, 6:30 - 9:30 PM</p> <p>Meditation Class, Rev. Pam, 6:30-8:00 PM</p> | | |

Recurring Events

"SOURCE" YOUTH GROUP

Meets every Sunday (except holiday weekends) from 3:00 to 5:00 PM in the Social Hall. For more information, please call Ace Clemens at 518-4503 or Erin Marie Szymanski at 339-8018.

PROSPECTIVE NEW MEMBERS TEA

Meets the 1st Sunday of each month at 11:45 AM in the Meditation Pavilion. For more information, please call Rev. Judith Churchman at 221-4849 or 605-5982.

ESSENCE CLASS

Meets the 3rd Sunday of each month at 11:45 AM in the Sanctuary. For more information, please call Rev. Judith Churchman at 221-4849 or 605-5982.

SPECIAL EVENTS TEAM (SET)

Meets one Sunday of each month from at the Social Hall. For more information, please call Tara Steele at 355-4283 or Gillian Trumbull at 241-3900.

SACRED SISTERS WOMEN'S GROUP

Meets the 2nd Monday of each month from 7:00 to 8:30 PM in the Sanctuary. For more information, please call Rev. Judith Churchman at 221-4849 or 605-5982 or Rev. Sue MillerBorn at 221-7350.



VIBRANT HEALTH THROUGH LIVING FOODS

Meets every Thursday from 12:00 to 2:00 PM in the Social Hall. Suggested donation of \$5.00 per person. For more information, please call Charlotte Garland at 275-2016.

HEARTSANGHA CHOIR

Rehearses every Thursday (except holidays) from 7:00 to 9:00 PM in the Sanctuary from late August to mid-May. The choir (usually) performs at the 10:30 AM service on the 1st and 3rd Sunday of each month and hosts the Social Hall on the 3rd Sunday of each month. For more information, please call Chris Johnson at 242-1214 or Judy Preble at 223-3398.

LANDSCAPE SEVA DAY

Meets on the 2nd Saturday of each month from 8:30 AM to 12:00 Noon. For more information please call Diana Woolfstead at 246-1017 or Charlie Born at 221-7350.

HEALTH MINISTRY / HEALING ARTS COTTAGE

Offers massages, Reiki, and other healing modalities by appointment. For more information, please call Sandy Babcock at 243-5716.

Meditation and Yoga Schedule

- **HATHA YOGA**, the Yoga of postures, meets every Monday and Wednesday from 5:30 to 6:45 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sue MillerBorn at 221-7350.



- **YOGA PLUS: Asana as a Spiritual Practice**, meets every Tuesday from 8:00 to 9:30 AM in the Sanctuary. Suggested donation of \$5.00 per person. For more information, please call T Marie at 241-5065.

- **TAI CHI EASY™**, a simple medical Qigong called Bu Zheng Qigong (Enhance Function Qigong) and a modification of traditional Tai Chi, meets every Tuesday from 5:30 to 6:30 PM in the Sanctuary. Cost is \$5.00 per person. For more information, please call Rev. Sharon Kennedy at 222-0609.

- **RAJA YOGA**, which consists of breathing techniques, guided visualizations, chakra activation, and mental concentration exercises, meets every Thursday from 8:00 to 9:30 AM in the Meditation Pavilion. Suggested donation of \$5.00 per person. For more information, please call Tienne Beaulieu at 243-1191.

- **MEDITATION CLASS**, which consists of a brief discussion, practice, time for questions/sharing, and actual practice, meets each Thursday from 6:30 to 8:00 PM in the Meditation Pavilion. For more information, please call Rev. Pam Sanchez at 515-0347.

Affiliated Groups

- **AA** meets every Tuesday from 5:30 to 6:30 PM in the Social Hall. For more information, please call Larry Watters at 245-0837.

- **River Oak Sangha Mindfulness Meditation Group** (Buddhist) meets every Wednesday from 6:30 to 8:30 PM in the Meditation Pavilion. For more information, please call Alexa Singer-Telles at 246-8317.





1905 HARTNELL AVENUE, REDDING, CA 96002
 TELEPHONE: 530-221-4849 * FAX: 530-221-4840



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OUR VISION

Celebrating our Spiritual Magnificence

OUR MISSION

Empowering individuals to live an abundant, spirit-connected life through sacred service, community, and Science of Mind Principles.

MINISTERS & PRACTITIONERS

| | | |
|------------------------------|---------------------------------|----------|
| Rev. Judith Churchman | Co-Pastor/Practitioner | 605-5982 |
| Rev. Bob Luckin | Co-Pastor/Practitioner | 605-5042 |
| Rev. Mary Mitchell | Assistant Minister/Practitioner | 347-0996 |
| Rev. Sue MillerBorn | Assistant Minister/Practitioner | 221-7350 |
| Rev. Sharon Kennedy | Staff Minister/Practitioner | 222-0609 |
| Rev. Pam Sanchez | Staff Minister/Practitioner | 515-0347 |
| Rev. Kay Stewart | Staff Minister/Practitioner | 410-9582 |
| Tienne Beaulieu | Licensed Practitioner | 243-1191 |
| Ace Clemens | Licensed Practitioner | 518-4503 |
| Diana Bordeaux | Intern Practitioner | 242-1214 |
| Marylin Miller | Intern Practitioner | 722-0681 |
| Tara Steele | Intern Practitioner | 355-4283 |

BOARD OF TRUSTEES

| | | | |
|------------------------------|----------|-------------------------|----------|
| Rev. Judith Churchman | 605-5982 | Cher Matthews | 242-0648 |
| Pam Brady-White | 604-1842 | Kurt Mitchell | 351-5575 |
| Gillian Trumbull | 241-3900 | Gene Rand | 244-4637 |
| Fred Erickson | 339-8111 | Diana Woolfstead | 246-1017 |
| Sandy Babcock | 243-5716 | | |

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Rev. Bob Luckin, Co-Pastor
revbob@cslredding.org

Rev. Mary Mitchell, Asst. Minister
memitchell@charter.net

Rev. Sue MillerBorn, Asst. Minister
shantiananda@hotmail.com

**Sylvia Kunz, Fiscal Manager,
 Facilities Coordinator and
 Wayfarer Bookstore Manager**
sylvia@cslredding.org

Tara Steele, Administrative Assistant
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Center for Spiritual Living E-Mail:
office@cslredding.org

Wayfarer Bookstore E-Mail:
bookstore@cslredding.org

Webmaster
webmaster@cslredding.org

OFFICE/BOOKSTORE HOURS:

Monday - Thursday:
9:00 AM - 5:00 PM

Sunday Services:
9:00 AM & 10:30 AM

Nursery (0-4): 9:00 & 10:30 AM

Children (5-9): 10:30 AM

Twens Group (10-12): 10:30 AM

“Source” Youth Group (Teens): 3:00PM

24-Hour Treatment Line:

221-HEAL/221-4325