



Rev. Sharon Kennedy
Staff Minister

Rev. Sharon Waugh Kennedy has been a member of the Shasta Community College faculty for over 20 years, where she has provided personal, vocational and academic counseling, along with teaching courses in personal assessment, career choice, student success and special interest courses in American Sign Language. She calls her combination of dance and sign language “sign dancing” and uses it as a way of expressing Spirit in motion. She has been involved with the Spiritual Enrichment Center since the early 1980s and after her family “left the nest,” became a minister in July of 2003.

Ministry: Rev. Sharon is a certified meditation instructor and has recently returned to her duties as Minister of Spiritual Practice.

She is responsible for scheduling practices in our meditation pavilion and offers quarterly urban retreats using our beautiful grounds which include nature trails along the wooded stream at the back of the property. She also offers weekly “mindful walking meditations,” monthly meditation instruction workshops and individual instructions on different Spiritual Practices.

Rev. Sharon is available for Ministerial Counseling on Tuesday mornings (and other times by special arrangement) and can often be found in the gardens surrounding the Center at other times throughout the week.

Contact Reverend Sharon at signdancersk@yahoo.com